

This special report shows you how you can win the fight against cancer...

## **Diagnosed With Cancer?**

### **Here Are 9 Effective, Natural Strategies To Kill Your Cancer**

**The information you want to beat cancer is here - available to you for free.** You won't have to download a report or buy any book. In fact, some readers have said that this report is better than the ebooks, and they had bought every one. Here you will find information your doctor can't tell you or doesn't know - including information on one product where 51 out of 65 stage 4 cancer patients were alive and cancer free one year starting on the product. As amazing as this number is, who knows how many more would have survived if they had followed a more comprehensive approach to cancer.

That's what you'll be learning in this report. This may be the single-most important and easy to understand information you will read about overcoming cancer. Once you understand the underlying causes of cancer and what to do to correct those causes, you can take effective action to defeat your cancer.

Thousands before you have used these strategies to beat their cancer and now live *happy* normal lives. They are available here at no cost to you.

(To save your eyes, you may want to print out this comprehensive report. To save paper, select all and copy to a word processor document. Change the font to Times Roman and reduce font size.)

**Finding out that you or a loved one has cancer can be absolutely terrifying.** However, once you understand the causes of cancer and learn how to reverse those causes, you or your loved one can have more than a fighting chance of beating cancer. Unfortunately, these strategies can't help *everyone* survive, but if the person using these strategies has enough time left so that they can start to work, quite often they reverse their cancer.

"Hi- I will never be able thank you enough. 8 months ago my boyfriend, Pete, was given a few months to live- melanoma was spreading rapidly through his body and was proclaimed to have settled in the lymph nodes and liver. "Doctors" wanted to strip his lymph nodes and cut out a section of his liver, and then chemo him, again. I found your website, printed out all the info on cancer, and presented it to Pete. He agreed to follow the advice- he refused conventional treatment [This report does not advise that you refuse conventional treatment. editor] and immediately began a regiment of supplements to detoxify, cleanse, oxygenate, alkalize, and support. He also made changes in diet and in mind-set. 8 months later he is free of cancer, as indicated in the recent PET scan! He has energy abound, no longer sleeps half the day, and is looking forward to living instead of preparing to die. Your information is well-presented, logical, factual, and in language a person can understand, AND, it saved a man's life." Leslie R.

**Even if you are taking the standard medical treatments, you can safely improve the effectiveness of what you do by using some of the natural supplements covered in this report.** Many people are on chemotherapy and radiation while they use products mentioned in this report.

"We received great news from our oncologist yesterday after viewing Nikki's CT scan. Yes, she is responding very well to the treatments and yes, her remaining tumours are shrinking.

Compared to the CT scans done three months ago, they have shrunk by at least 80%. As such, Jenny and I have agreed to her continuing four more treatments. But it is my firm belief that our holistic approach is working and I must thank you all for contributing in one way or other to her recovery.

It will take another three months before the chemo regime finishes. Another CT scan will be held after that. Hopefully, by then, nothing is left of whatever tumours in her lungs and liver. Of course, we shall ever be so careful not to fall back on previous 'lifestyles' but to continue the new one into the future with fine tuning along the way." D. K.

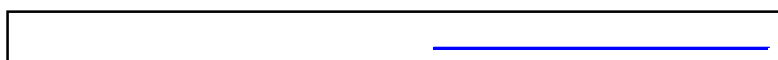
### **Let me ask you a question:**

If I could show you a natural cancer fighting strategy that when used alone or when coupled with conventional treatments could **kill your cancer** - would you be willing to spend 15 minutes reading this potentially life changing report?

If you answered NO, then I wish you the best of luck with your doctor.

If you answered **YES**, then go ahead and read this report. Do not simply skim over it or skip around from section to section - but read it word for word. There is a lot of cancer fighting information here. You won't want to miss a thing.

Now, because you chose to read this report in its entirety - this tells me two things about you.



You want an aggressive no-holds barred approach to skyrocket your chances of survival beyond the ordinary. You realize conventional treatments may not do the trick alone, and can potentially batter your body, destroy your health and possibly ruin you financially.

I put much time and effort into creating this report so your most burning questions about overcoming cancer will be answered. Many people tell me this report does just that. I believe you'll **feel the same** once you finish reading it. So without further delay ...

Here's what you're going to learn in this report:

- \* What exactly is cancer and how does it appear in your body?
- \* What the medical industry won't tell you about treating cancer.
- \* The 9 defects to focus on when fighting cancer and how to take advantage of them.
- \* Chemo, Radiation & Surgery - Should you avoid it or do it?
- \* Amazing products that can kill or suppress cancer.
- \* Suggested courses of action using the strategies revealed here.
- \* 5 step game plan

Causes of Cancer

### **What Exactly Is Cancer And Why Does It Develop In Your Body?**

Cancer cells are *always* being created in the body. It's an ongoing process that has gone on for eons. In fact, the immune system developed components whose job it is to seek out and destroy cancer cells.

Cancer has been around as long as mankind, but only in the second half of the 20<sup>th</sup> century did the number of cancer cases explode. Contributing to this explosion are the huge amounts of toxins and pollutants we are exposed to, high stress lifestyles that zap the immune system, poor quality junk food that's full of pesticides, irradiated and now genetically modified, pathogens, electromagnetic stress, lights and just about anything that wasn't around 200 years ago.

All these **weaken** the immune system, and alter the internal environment in the body to an environment that promotes the growth of cancer.

Cancer is not a mysterious disease that suddenly attacks you out of the blue, something that you can't do anything about. It has definite causes that you can correct if your body has enough time, and if you *take action* to change the internal environment to one that creates health, not cancer, while at the same time attacking cancerous cells and tumors by exploiting their weaknesses.

Cancer tumors begin when *more* cancerous cells are being created than an overworked, depleted immune system can destroy.

Constant exposure to tens of thousands of manmade chemicals from birth onward, chlorinated and fluoridated water, electromagnetic radiation, pesticides and other toxins, leads to the creation of too many **free radicals** and *excessive numbers* of cancerous cells.

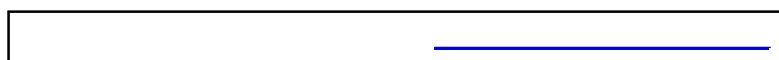
Alone this would be enough to raise cancer levels, but combined with an immune system weakened by a diet of refined and over processed food, mineral depleted soils, and too much exposure to artificial light at night, the immune system at some point no longer is able to keep cancer in check and it starts to grow in your body.

**DID YOU KNOW:** Research shows that the immune system needs 9 1/2 hours of sleep in *total* darkness to recharge completely -- the authors of the book *Lights Out* explain. When was the last time you had enough sleep?

As a result of all this stress on our bodies and the overload of toxins, what you get is a malfunctioning immune system and a body that is not capable of destroying the excessive numbers of cancerous cells that develop. Some, sooner or later, survive and multiply. And then you have cancer.

Overcoming cancer is a process of **reversing** the conditions that allowed the cancer to develop, and going after and killing cancerous cells.

The exact causes don't have to be known, though certainly the more varied the approaches taken to correct those conditions, the more likely you are going to hit on what works best in a particular case. What needs to be done is to **strongly and dramatically interrupt and reverse** these cancer-causing conditions so that the body becomes healthier, and no longer capable of breeding cancer.



The more cancer there is, the more serious the condition -- meaning much has to be done -- fast. In your personal situation it may be too late, or it may not. No one knows where that cutoff point is as even advanced cases can turn around.

Now what you will be reading in this report isn't about a cure for cancer. It isn't medical advice. It is sort of like information from the National Cancer Society that one of the most important things you can do for your health is to eat five servings of fruits and vegetables a day. But much, much more potent. You'll clearly understand what I mean as you read on.

One of the basics of fighting cancer is going on a fairly low carbohydrate diet, especially sugars and refined carbohydrates, because they digest extremely fast and flood the body. Your body must then produce a lot of insulin to get the sugar into cells fast, and this feeds the cancer cells just what they like to eat.

I wonder what would happen if you drank a high quality fruit juice full of nutrients that have been proven to fight cancer, like Goji Juice, on an empty stomach so the sugar rush from the juice increased insulin levels so that the cancer cells would gobble it up. You could take with it herbs and foods good at killing cancer cells like Ellagic Acid and Graviola. They might get pulled into the cancer cells too, improving their effectiveness.

Hmmm. Anyway, let's get on to learning more about fighting cancer.

9 weaknesses to focus on when fighting cancer and how to use them to your advantage

### **Cancer Weakness #1: High Oxygen Levels Kill Cancer - Low Oxygen Levels Breed Cancer**

Did you realize that an underlying cause of cancer may be **low cellular oxygenation levels**, which in newly formed cells, damages their cellular respiration enzymes. And that this can cause them to become cancerous?

There is a lot of research behind this theory.

In 1931 Dr. Warburg won his first Nobel Prize for proving cancer is caused by a lack of oxygen respiration in cells. He stated in an article titled *The Prime Cause and Prevention of Cancer* that "the cause of cancer is no longer a mystery, we know it occurs whenever any cell is denied 60% of its oxygen requirements."

"Cancer, above all other diseases, has countless secondary causes. But, even for cancer, there is only one prime cause. Summarized in a few words, the prime cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar. All normal body cells meet their energy needs by respiration of oxygen, whereas **cancer cells meet their energy needs in great part by fermentation**. All normal body cells are thus obligate aerobes, whereas all cancer cells are partial anaerobes."

Some causes of poor oxygenation include a buildup of carcinogens and other toxins within and around cells, which blocks and then damages the cellular oxygen respiration mechanism. Clumping up of red blood cells slows down the bloodstream and restricts flow into capillaries. Which also causes poor oxygenation. Even lack of the proper building blocks for cell walls, essential fatty acids, restricts oxygen exchange."

(This is why the flax oil in cottage cheese treatment popular in Europe - 2 tablespoons of organic, refrigerated flax oil or freshly ground flax seed in some cottage cheese - works so well. It provides essential fatty acids so that cell walls are repaired and can properly work to oxygenate cells.)

What Warburg and other scientists found was that the respiratory enzymes in cells, which make energy aerobically using oxygen, die when cellular oxygen levels drop.

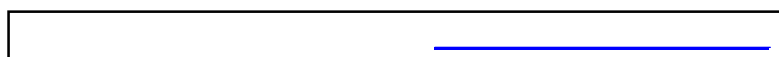
When this happens, the cell can no longer produce energy aerobically. So, if the cell is to live, it must, at least partially, ferment sugars, producing energy anaerobically.

According to Warburg, cells that produce energy by fermenting sugars may turn cancerous. Warburg's contention is this...

Cells must switch to producing energy anaerobically because low oxygen levels have lead to the death of the **respiratory enzymes** needed to produce energy aerobically. When this happens, the cells cannot produce enough energy to maintain their ability to function properly. So they lose their ability to do whatever they need to do in the body.

**Fermentation** allows these cells to survive, but they can no longer perform any functions in the body or communicate effectively with the body. Consequently, these cells can only multiply and grow. And may become cancerous. Or perhaps it would be more accurate to say, they change into cancer cells.

Decades ago, two researchers at the National Cancer Institute, Dean Burn and Mark Woods, (Dean translated some of Warburg's speeches) conducted a series of experiments where they measured the fermentation rate of cancers that grew at different speeds. What they found supported Dr. Warburg's theory. The cancers with the



highest growth rates had the highest fermentation rates. The slower a cancer grew, the less it used fermentation to produce energy.

Naturally Warburg's contention was challenged and tested by other scientists.

Some researchers claimed his theory was not valid after they had measured a particularly slow growing cancer, and found no fermentation at all. And if cancer could grow with no fermentation, then fermentation, or lack of oxygen respiration, was not the cause of cancer. Dean Burn and Mark Woods checked those results.

Using more sophisticated equipment, they determined that the equipment these researchers used to measure fermentation levels was not accurate enough to detect fermentation at low levels. Their testing, using newer and more accurate equipment, showed that even in those very slow growing cancer cells, fermentation was still taking place, at very low levels.

This was also **confirmed** by Pietro Gullino, also at the National Cancer Institute, who devised a test, which showed that this slow growing cancer *always* produced fermentation lactic acid. Silvio Fiala, a biochemist from the University of Southern California, also confirmed that this slow growing cancer produced lactic acid, and that it's oxygen respiration was reduced.

Further research into Warburg's theory showed that when oxygen levels were turned down, cells began to produce energy anaerobically, and ultimately became cancerous when levels went low enough. It took a reduction of 35% in oxygen levels for this to happen.

J. B. Kizer, a biochemist and physicist at Gungnir Research in Portsmouth, Ohio explains, "Since Warburg's discovery, this difference in respiration has remained the most fundamental (and some say, only) physiological difference consistently found between normal and cancer cells. Using cell culture studies, I decided to examine the differential responses of normal and cancer cells to changes in the oxygen environment.

"The results that I found were rather remarkable. I found that... **High O2 tensions were lethal to cancer tissue**, 95 percent being very toxic, whereas in general, normal tissues were not harmed by high oxygen tensions. Indeed, some normal tissues were found to require high O2 tensions. It does seem to demonstrate the possibility that if the O2 tensions in cancer tissues can be elevated, then the cancer tissue may be able to be killed selectively, as it seems that the cancer cells are incapable of handling the O2 in a high O2 environment."

Low oxygen levels in cells may be a fundamental cause of cancer. There are several reasons some cells become poorly oxygenated. An overload of toxins clogging up the cells, poor quality cell walls that don't allow nutrients into the cells, poor circulation and perhaps even lower levels of oxygen in the air we breathe.

Cancer cells produce *excess lactic acid* as they ferment energy. This is toxic and helps to prevent the transport of oxygen into neighboring normal cells. And over time as these cells replicate, the cancer may spread if not destroyed by the immune system.

Chemotherapy and radiation are used because cancer cells are **weaker** than normal cells and therefore may die first.

However, chemo and radiation damages **respiratory enzymes** in healthy cells and overloads them with toxins, so they become more likely to develop into cancer. The underlying cancer causing conditions are worsened, not improved. And the cancer usually returns quickly a second time *unless* you make changes to support the health of your body.

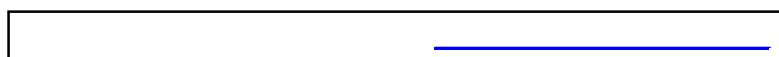
The implication of this research is that an effective way to support the body's fight against cancer would be to get as much **oxygen** as you can into the cells. Raising the oxygen levels of the still normal cells would help prevent them from becoming cancerous.

And increasing oxygen levels in cancer cells to high levels could help kill those cancer cells.

A nurse who works in medical research said, "*It's so simple. I don't know why I never thought of it before. When we're working with cell cultures in the lab, if we want the cells to mutate, we turn down the oxygen. To stop them, we turn the oxygen back up.*"

Ma Lan, MD and Joel Wallach DVD, point out that one type of white blood cells kills cancer cells by injecting oxygen creating hydrogen peroxide into the cells.

By the way, it is not easy to get additional oxygen into cells. Most approaches don't work well. Breathing oxygen is still limited by the amount of hemoglobin available and acidity levels. And Dr. Whittaker points out, quite rightly, that liquid oxygen supplements that only release oxygen into the blood, which most of them only do, **can't** get oxygen into the cells.



He explains that a delivery mechanism is needed to transport oxygen into cells. And though the typical oxygen supplement gets oxygen into the stomach or the blood, that doesn't mean it, gets into the cells.

There is a bit more to this oxygenation story.

If you remember, according to Warburg, it is increased amounts of carcinogens, toxicity and pollution that cause cells to be unable to uptake oxygen efficiently. This is connected with over-acidity.

### **Cancer Weakness #2: High Acidity In The Body Fosters Development Of Cancer While A More Alkaline Environment Keeps The Body Cancer Free**

There is plenty of research showing that cancer thrives in an **acidic environment**, and doesn't survive in an alkaline environment. Cancer cells produce lactic acid as a byproduct of fermentation, which makes them highly acidic. Making the body more alkaline is important in fighting cancer.

Unfortunately...

The majority of the foods and drinks we consume are acidic, with colas and other soft drinks being highly acidic. So unless you have been eating a very healthy diet, full of fresh fruit and vegetables, your body is *way* too acidic. And is a very good environment for cancer to grow in.

Actually, a too much acidity is an underlying cause of many of our degenerative diseases, diabetes, arthritis, fibromyalgia and more. A basic maxim of natural physicians is: Balance the bio terrain. Do this first thing, then everything can come back to normal.

Taking medicines or supplements while your body is highly acidic is a bit like washing dishes in a sink of dirty water, even when you put in plenty of soap, you can't get the dishes clean.

According to Keiichi Morishita in his book, *Hidden Truth of Cancer*, as blood starts to become acidic, the body deposits acidic substances in cells to get them out of the blood. This allows the blood to remain slightly alkaline. However, it causes the cells to become acidic and toxic, which may result in a decrease in oxygen levels, and harm to the DNA and respiratory enzymes.

Over time, he theorizes, these cells increase in acidity and some die. These dead cells themselves turn into acids. However, *some* of these acidified cells may adapt in that environment. In other words, instead of dying - as normal cells do in an acid environment - some cells survive by becoming abnormal cells.

These abnormal cells are called malignant cells. Malignant cells do not correspond with brain function nor with our own DNA memory code. Therefore, malignant cells grow indefinitely and without order. **This is cancer.**

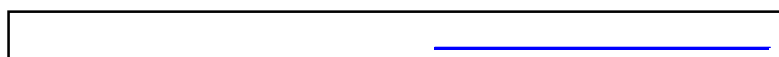
As you can see, what he seems to be describing, though from a different point of view, is the process by which low oxygen levels turns some cells cancerous.

It is interesting to note the connections here. Alkaline water (including the water in cells) can hold a lot of oxygen. Acidic water (or cells) can hold very little oxygen. So the **more acidic** your cells are, the less oxygenated they will be. And the process cancer cells use to produce energy, fermentation, produces lactic acid, further increasing acidity.

Sang Whang, in his book *Reverse Aging*, points out that toxins are **acidic**. If the blood is already overly acidic, toxins will not be released into the blood, which must happen in order to detoxify your cells. This buildup of toxins causes acidic, poorly oxygenated cells, which may, at some point, turn cancerous. He explains, "In general, degenerative diseases are the result of acid waste buildups within us. When we are born, we have the highest alkaline mineral concentration and also the highest body pH. From that point on, the normal process of life is to gradually acidify. That is why these degenerative diseases do not occur when you are young. Reverse aging requires two separate steps: chemical and physical. The first step is to lower the acidity of the body so that it can dispose of acidic wastes in the blood and cellular fluids safely and easily. The second step is to physically pull out old stored wastes into the blood stream so that they can be discharged from the body."

### **Cancer Weakness #3: Methylglyoxal Stops Cancer Cells From Proliferating While A Lack Of Methylglyoxal Allows Cancer Cells To Multiply**

Dr. Albert Szent-Gyorgyi was the Nobel Laureate in Medicine in 1937 for the isolation and discovery of Vitamin C. Known as the "Father of Nutritional Science", he also discovered Iso-Flavones and vitamin P. In his last 40 years, he researched the regulatory processes of cell growth, and thereby the regulation of cancer itself. He discovered some exciting and rather amazing information about cancer. In 1963 the prestigious magazine "Science" published a remarkable article about his research. In it Dr. Szent-Gyorgyi identified two substances,



one called **Retine, which inhibited cancer growth, and the other called Promine, which promoted cell growth and made cancer grow faster.**

He explained that these were very small molecules that were highly potent in controlling cell division. His research using mice achieved shrinkage of tumors by increasing the ratio of Retine to Promine with daily injections of Retine. Other researchers obtained similar results.

There were no harmful or toxic side effects.

In another "Science" article in 1967 he announced that his laboratory had isolated and manufactured Retine (retards cell growth) in the form of a Carbonyl compound called Methylglyoxal.

Again, in animal studies he showed that injecting Methylglyoxal daily into mice inoculated with cancer cells was highly effective. The study was divided up into 5 groups of 20 mice each. Every mouse in the control group died in the first 26 - 34 days. All mice were observed for 300 days. The First group began treatment 1 hour after inoculation. 15 of them survived

In the Second group, beginning treatment 4 hours after inoculation, 13 animals survived. The Third group began treatment 24 hours afterwards and 7 survived. The Fourth group waited 48 hours and 4 survived.

In an interview in Prevention magazine in 1972 conducted by Jane Kinderlehrer, he explained that he and "Dr. Egyud have found that retine (methylglyoxal) stops the growth of cancer cells without poisoning other cells. When retine is present in sufficient concentration, no cell division can occur while vital cellular processes go on unhindered."

The article goes on, "And what is a good bit of luck, and not my cleverness, the white-haired scientist pointed out, "is that if a cancer cell cannot grow, it dies by itself.' According to the researchers, retine is normally produced by the body and, when it is, it prevents the growth of existing cancer cells. But the body can lose its ability to produce this substance...

"Putting the retine back in the body, just as we put insulin back into a diabetic's body, can stop the growth of cancer... The scientists at Woods Hole found that cancer cells are much more sensitive to retine than normal ones, and so cancer cells may be inhibited specifically."

To sum it up, the Carbonyl group - Glyoxal & Methylglyoxal, arrests cell division and makes the cell return to a resting state. If Carbonyl is missing, uncontrolled proliferation goes on and cells grow wildly and uncontrollably which could lead to cancer or other severe conditions. Glyoxal & Methylglyoxal are non-toxic, cell specific substance with anti-cancer activity.

Another well known doctor, Dr. William Koch, worked on this same issue from a different approach. Dr. Szent-Gyorgyi acknowledged his work saying, "A decade ago, a very intuitive researcher, Dr. William F. Koch, came to the same conclusion about the possible importance of Carbonyls in regulation of cell division and carcinostasis."

Later on in this report I will tell you about more about his work and the products he developed.

#### **Cancer Weakness #4: A Weakened Immune System Leads To Cancer While A Strong Immune System Conquers Cancer**

An important aspect of dealing with cancer is supporting the immune system. After all, for most of your life the immune system has successfully dealt with cancer cells. It must become worn out, ineffective and unable to deal with the cancer cells before cancer takes hold and thrives.

So it may be quite important to strengthen the immune system so that it can better fight cancer. Especially if you are getting medical treatments that wipe out the immune system, and make the body more **acidic** to boot. Your thymus gland is the key gland for the immune system. The stronger you can make it, the stronger your immune response to cancer will be.

Some natural supplements are better than others at supporting the immune system and creating health in the body. The trick is the use the ones that help the most as it is easy to squander resources on products that wont make a significant difference. And the other concern, if you have cancer, is to make sure you take **enough** of them.

Generally 5 to 10 times the normal supplemental amounts seem to work best. This is a most important issue and later on I will introduce you to many many products to help build the immune system. I only covered it briefly here, because you already know it is important. Let's go on to some issues that may be new to you.

#### **Cancer Weakness #5: Candida and Fungal Infections Related To Cancer Development**

Some doctors theorize that candida or other systemic fungal infections may cause or at least contribute to the *development* of cancer. It makes sense. A widespread candida infection plays havoc on the immune system. Not only does the immune system become overwhelmed and worn out from fighting it, but the candida (or other pathogens) **excrete toxins** that further weaken and harm the body.

The major waste product of candida is *acetaldehyde*, which produces ethanol. Ethanol can cause excessive fatigue, and reduces strength and stamina. In addition, it destroys enzymes needed for cell energy, and causes the release of free radicals that can damage DNA.

Ethanol makes it difficult to absorb iron. This reduces one of the most important oxygen supports in the blood (iron), and makes it difficult for your body to oxygenate fully. And you know what may happen when your body can't oxygenate well. So it may be important to deal with candida if one wants to successfully recover from cancer.

### **There is a simple test to help you determine if you have candida overgrowth.**

First thing in the morning, before you put ANYTHING in your mouth, get a clear glass of water. Better still; leave it by your bed the night before. Work up a bit of saliva, and then spit it into the glass of water.

Check the water every 15 minutes or so for up to one hour. If you have a candida yeast infection, you will see strings (like legs) traveling down into the water from the saliva floating on the top, or "cloudy" saliva will sink to the bottom of the glass, or cloudy specks will seem to be suspended in the water. If nothing develops in 30 minutes, you are probably candida yeast free.

A few reports implicate the role of fungi in causing **leukemia**. In 1999 Meinolf Karthaus, MD, watched three different children with leukemia suddenly go into remission upon receiving a triple antifungal drug cocktail for their "secondary" fungal infections.

In 1997 Mark Bielski stated that leukemia, whether acute or chronic, is intimately associated with the yeast, *Candida albicans*, which mutates into a fungal form when it overgrows.

Milton White, MD. believed that **cancer is a chronic, infectious, fungus disease**. He was able to find fungal spores in every sample of cancer tissue he studied.

Author Doug Kaufmann asserts that fungi in foods may play a role in cancer. He has seen children become free of their documented leukemia once the child's parents simply changed the child's diet. Kaufmann's diet is based on the widely published problem of mycotoxin contamination of our grain foods.

Grains such as corn, wheat, barley, sorghum, and other foods such as peanuts, are commonly **contaminated** with cancer-causing fungal poisons called mycotoxins. One of them, called aflatoxin, just happens to be the most carcinogenic substance on earth.

He says we consume, on average, from 0.15mg to 0.5mg of aflatoxin per day. So it is not sugar alone that is the problem in our western diet, but fungal toxins that are found in the sugary grains. More than once has Kaufmann interviewed a caller (on his health talk show) who absolutely craved **peanut butter and popcorn** just prior to their diagnosis of cancer.

Kaufmann feels that *antibiotics* may play a role in this. Antibiotics destroy the normal, protective gut bacteria, allowing intestinal yeast and fungi to grow unchecked. Resulting in *Candida* overgrowth. This can lead to immune suppression, symptoms of any autoimmune disease, or even cancer.

"If the onset of any symptom or disease, cancer included, was preceded by a course of antibiotics," he says, "then look for a fungus to be at the root of your problem."

### **Cancer Weakness #6: A Buildup Of Toxins And Chlorine Exposure Promote Cancer**

I have heard an eminent German oncologist say that the main cause of cancer is environmental toxins. Others agree. While there are obviously other issues, fungus, viruses, genetics, etc., the major change that has led to the explosion of cancer over the last 100 years has been the introduction of tens of thousands of chemicals into the environments that we had never been exposed to before.

They have overwhelmed the defenses of the body and cancer develops. Unfortunately, if industry and the government they control have their way, it may even become worse.

Biotech companies have been aggressively promoting the use of genetically modified food. It's a financial goldmine for them. Unfortunately, there are several problems with genetically modified food. Even scientists at the FDA resisted them till political pressure led them to approve it. Every independent study has shown problems. Abnormal cell growth being high on the list. And no wonder.

Jeffrey Smith, author of *Seeds of Deception* writes on his website of that name, "More worrisome is that the **"promoter" used inside GM foods** could get transferred to bacteria or internal organs. Promoters act like a light switches, permanently turning on genes that might otherwise be switched off. Scientists believe that this might create unpredictable health effects, including the **potentially pre-cancerous cell growth** found in the animal feeding studies mentioned above.

"Milk from rbGH-treated cows contains an increased amount of the hormone IGF-1, which is one of the highest risk factors associated with breast and prostate cancer, among others. Soy allergies skyrocketed by 50% in the UK, coinciding with the introduction of GM soy imports from the U.S."

Foods are not required to be labeled as GM foods. The only way to make sure you are not eating food that has been genetically modified is to eat organic food or food labeled non-gmo. Eating organic food, of course, will also reduce the amount of chemicals you are ingesting.

Quite clearly, one of the most important things you need to do when fighting cancer is to avoid these toxins and to get rid of the ones in your body that may be causing your cancer.

There are several types of toxic buildups in the body that need to be dealt with when fighting cancer. As mentioned earlier, there is **cellular toxicity** primarily caused by the shunting of toxins into cells due to excess acidity in the blood.

There is heavy metal toxicity coming from years of exposure to highly toxic heavy metals. While many come from the environment, silver amalgam fillings, many vaccines and some other drugs put mercury and other metals into our body. Most large fish have elevated mercury levels. Elevated levels of heavy metals disrupt the immune system and must be dealt with when fighting cancer.

And then there is the toxic buildup in the colon of undigested foods and hardened fecal matter. Nutrient absorption is disrupted, and toxins sitting in that decaying mess are reabsorbed back into the body. This creates a constant stress on the immune system and a further load on the body's detoxification systems. Colon cleaning needs to happen on the journey to good health.

Toxins and pathogens in water have led to many diseases. But did you know that what's put in your water to purify it may be causing your cancer (and heart disease)?

The French, with their lower cancer rates from consuming OPCs and resveratrol in red wine, have made red wine famous for its health benefits. There is another side to their low cancer rates though that most people don't know...

The French **do not** drink chlorinated water. They ozonate their water to purify it.

Does this make a difference? Absolutely.

**"We are quite convinced... that there is an association between cancer and chlorinated water."**

*Medical College Of Wisconsin research team*

We don't use chlorine because it's safe, we use it because it is *cheap*. We essentially still pour bleach in our water before we drink it. The long-term effects of chlorinated drinking water have recently been recognized.

**According to the U.S. Council Of Environmental Quality, "Cancer risk among people drinking chlorinated water is 93% higher than among those whose water does not contain chlorine."**

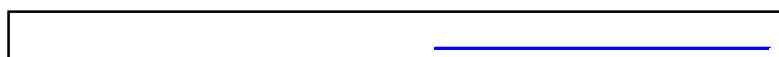
It may cause much heart disease too. Dr. Joseph Price wrote a highly controversial book in the late sixties titled *Coronaries/Cholesterol/Chlorine*, and concluded that nothing can negate the incontrovertible fact, that the basic cause of arteriosclerosis, heart attacks and stroke, is chlorine.

Dr. Price later headed up a study using chickens as test subjects, where two groups of several hundred birds were observed throughout their span to maturity.

One group was given water with chlorine and the other without. The group raised *with* chlorine, when autopsied, showed some level of heart or circulatory disease in every specimen, the group *without* had **no** incidence of disease. The group without chlorine grew faster, larger and displayed vigorous health.

This study was well received in the poultry industry, and is still used as a reference today. As a result, most large poultry producers use dechlorinated water.

When chlorine is added to our water, it combines with other natural compounds to form Trihalomethanes (chlorination byproducts), or THMs. These chlorine byproducts trigger the production of **free radicals** in the body, causing cell damage, and are highly **carcinogenic**.





"Although concentrations of these carcinogens (THMs) are low, it is precisely these low levels that cancer scientists believe are responsible for the majority of human cancers in the United States". *The Environmental Defense Fund*

Dr. Robert Carlson, a highly respected University of Minnesota researcher, sums it up by claiming, "Chlorine is the greatestcrippler and killer of modern times!"

**Breast cancer**, which now affects one in every eight women in North America, has recently been linked to the accumulation of **chlorine compounds** in the breast tissue. A study carried out in Hartford Connecticut, the first of it's kind in North America, found that:

"Women with breast cancer have **50% to 60% higher** levels of organochlorines (chlorination byproducts) in their breast tissue than women without breast cancer."

It is not just drinking chlorinated water that is the problem.

Up to two thirds of our exposure to chlorine is due to **inhalation of steam and skin absorption while showering**. A warm shower opens up the pores of the skin and allows for accelerated absorption of chlorine and other chemicals in water.

The steam we inhale while showering can contain up to *50 times* the level of chemicals than tap water due to the fact that chlorine and most other contaminants vaporize much faster and at a lower temperature than water. Inhalation is a much more harmful means of exposure since the chlorine gas (chloroform) we inhale goes directly into our blood stream.

"Showering is suspected as the primary cause of elevated levels of chloroform in nearly every home because of chlorine in the water." Dr Lance Wallace, *U.S. Environmental Protection Agency*.

If you take showers using chlorinated water and are dealing with cancer, clearly installing a **shower filter** to dechlorinate your shower water makes good sense.

It is the buildup of toxins in the body that blocks cell oxygenation and leads to the development of cancer from low oxygen levels in cells. The key is to protect your cells by making sure you are taking plenty of antioxidants, stop drinking chlorinated water or taking showers in it, and get rid of the buildup of toxins in your body using safe and natural detoxifiers. Several will be mentioned later on in this report.

### **Cancer Weakness #7: Free Radical Scavengers Protect Cells From Cancer While Too Many Free Radicals Can Be Cancer Causing**

One of the causes of cancer is excessive free radical damage in your cells that harms your DNA and results in some cells **mutating** into cancerous cells. Every chemical and toxin in you body causes free radical damage. The carcinogenic ones cause even more. Combined with high acidity and low oxygenation, you've got a prescription for cancer. While there is no doubt that the ordinary free radical scavengers play a key role in **fighting** cancer, like the OPCs that took care of lung cancer, there are even more potent scavengers that work in an entirely different way. SSR Super Quinone. Even though it has been used for over 60 years, it is virtually unknown.

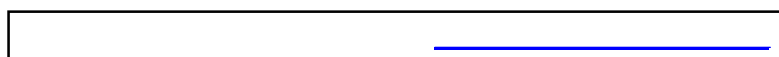
Another reason we have too much free radical damage and too much cancer is that processed foods generate more free radicals than whole foods, and have fewer nutrients to act as free radical scavengers to help protect you from those free radicals.

On top of this, you are exposed to **70,000 chemicals** -- 20,000 of which are known **cancer-causing** agents. These *all* cause free radical damage too, and help to cause cancer in yet another way.

### **Cancer Weakness #8: Enzymes Kill Cancer Cells While Low Levels Of Enzymes Are Implicated In Cancer**

Researchers have noted for years a correspondence between low enzyme levels and cancer. In fact enzyme therapy has been used with **good results** against cancers in Europe, and by some doctors in the United States. To literally digest cancerous cells.

The major reason enzymes levels become depleted is that we eat mostly processed, irradiated and cooked food. The digestive system was designed to process **raw food**. Raw food, when it is picked ripe, has enzymes in it that help break down that food in the upper stomach where it sits for 30 to 45 minutes. The enzymes in the food predigest that food. Then in the lower stomach the pancreas excretes more enzymes.



When you eat cooked, irradiated and processed foods where the enzymes have been killed, the food does not predigest in the upper stomach. So when it reaches the lower stomach *two things happen*. The pancreas must make extra enzymes to try and break down the food.

And often that food is only partially digested.

The pancreas, after decades of overworking, eventually is no longer able to produce an adequate supply of enzymes. So you develop **low enzyme levels** and your body *cannot* naturally kill cancerous cells using enzymes.

In addition, food that is not completely digested all too often makes its way into the bloodstream. Especially if you have leaky gut syndrome from candida overgrowth. This partially digested food cannot be absorbed by cells. So it is treated as a toxin, and the immune system has to get rid of it. This puts an additional strain on the already overworked immune system.

Studies have found that the immune system treats the ingestion of cooked food as a toxic poison, causing a jump in white blood cells in an attempt to get rid of it as fast as possible.

Taking a good quality enzyme supplement with meals, one that has high levels of protease to digest protein, lipase to digest fat, and amylase to digest carbohydrates helps break down food in the upper stomach. So that the pancreas doesn't have to produce extra enzymes. Food is better digested.

Also, it is important to take these enzymes on an empty stomach. A stack of research shows that enzymes, when taken in this manner, will go into the bloodstream and clean it up. **And in the process may digest and kill cancer cells.**

This will do two other things<sup>6</sup>. Unstick clumpy red blood cells. Sticky, clumped up red blood cell clusters clog up capillaries and reduce circulation. So that cells cannot oxygenate properly. Which as you have gathered by now, may contribute to cancer.

Cancer tumors produce a thick fibrin protein to help protect them from the immune system. This also helps to stick the cancer tumor to wherever it is.

These digestive enzymes when in the bloodstream may be able to digest and dissolve the fibrin coating. Large amounts of enzymes would need to be taken and they would need to be enzymes high in protease to break down the fibrin.

### **Cancer Weakness #9: Cancer Has Low Subtle Energy Vibrations**

Conditions that lead to cancer can also be viewed energetically. In fact, low, unhealthy energetic vibrations may well set the stage for the development of cancer. Energy or vibratory levels differ between cancerous cells and healthy cells.

For example ...

Cancer cells have much *lower* levels of vibrating subtle energy. For a cell to turn cancerous, its vibratory energy must be low. There has been research showing that raising the energetic level of the body helps it to better deal with cancer.

Fortunately, there are ways to safely and easily raise the vibratory levels of cells. One way is to **drink fluids that have been energized.**

Liquids have the ability to vibrate at the rate fluids near them are vibrating. Drinking high-energy water will work to raise the energetic level of the cells in the body as the vibration of the water in those cells is energized by the drinking water.

The higher they are raised, the healthier the body, and the harder you make it on cancer.

**Electromagnetic** fields (EMFs) are felt by many alternative health professionals to be a possible cause of cancer and other ill health issues. You are exposed to them by all types of electronic appliances. Cell phones, computer screens and microwaves are among the biggest offenders, but even the clock radio by the side of your bed is putting out unhealthy levels of EMFs for a foot or two. Your car puts out quite a bit of it. Radiation from cell phones could literally *eat holes* in your blood brain barrier, which is there to prevent toxins from entering the brain. When its full of holes, more toxins get into brain, causing much damage.

There are two ways you can deal with EMFs. You can try to avoid exposure to them, or you can wear or use an energized product that counters the effect of that radiation to your body's energy field. As it is almost impossible to avoid consistent exposure, I prefer the second approach.

**Geopathic stress** has been targeted by many alternative health practitioners in Europe as a cause of cancer. Simply put, it is energy coming from the earth that is not so healthy for you. One cause is underground streams. Two developers of energized products I will discuss later in this article both had cancer that would not resolve until they were told to check and see if they slept in an area that had geopathic stress. They did, made the changes and along with whatever else they were doing, got well.

In the process of eliminating as much toxic exposure as possible, you need to limit exposure from the chemicals in the carpets and walls of your home. Unless you've already taken special efforts to have a chemical free house, **formaldehyde** and many other chemicals have been outgassing toxic fumes in yours for years. Hulda Clark, in her books on fighting cancer and other diseases, recommends that all carpeting be pulled up, paneling and walls taken out and replaced, and so on if you want to beat cancer. Pretty drastic stuff. A less overwhelming solution would be to get a photo catalysis air cleaner. Using technology developed by NASA, it puts out molecules that interact with VOCs, the chemicals put out by carpets, etc. and changes them into harmless carbon and water molecules.

Personal care items like shampoo, conditioner, or skin lotion often contain ingredients that *add* to the overburden of chemicals your immune system must get rid of. Try to use as natural and pure personal care items with as few chemical listed in the ingredients as possible to reduce that overload. The less overwhelmed your immune system is, the better it can fight the cancer.

#### What The Medical Industry Won't Tell You About Treating Cancer

There was a woman whose daughter was in the advanced stages of brain cancer. She asked her oncologist if it was *ok* to give her daughter a nutritional supplement called blue green algae. Her doctor told her that it was no problem, that in fact a number of his patients had used that supplement with success in killing cancer and restoring health.

Naturally she wondered why he didn't tell her about this product a year ago when they first came to him. Of course, he couldn't tell her about this product or any similar "natural/alternative health therapies" and stay employed at his clinic. **Insurance regulations would preclude such suggestions.** And he could get into trouble by recommending natural, non-drug treatments for cancer.

His advice is controlled by a large medical industry that makes mega money off expensive cancer fighting drugs and treatments. An industry that doesn't look favorably on natural supplements or other cancer treatments as they *cannot* patent them to make high profits.

Fifty years from now the current conventional cancer treatments used by doctors will on the whole be viewed in the same light that we view the old medical practice of using **leeches** to cure illnesses. Better medications are in the works, but it will be a while before they see the light of day.

It makes little sense to use chemotherapy and other treatments that *damage cells* and tear down and weaken the immune system, when the problem in the first place is that the immune system is already too weak and that cells are already damaged.

Even if tumors go into remission, these treatments will have damaged other cells, which are more likely to turn cancerous. The immune system, unless it is supported by supplements and diet to help it recover, will be in **worse** shape then ever.

While it may have taken decades for cancer tumors to develop the first time around, the second time usually takes a year or two.

Another reason why doctors ignore sensible, safe and healthy treatments for cancer and recommend costly and illogical treatments instead -- is human nature. They advise and prescribe *what they are trained in*. It is what they know.

You go to them and you get what you ask for -- what they know. And you assume they will do the best they can for you, while in fact they only do what the system teaches them, promotes and allows them to do.

#### **A Doctor's Shocking Closed-Door Confession ...**

In a survey of 79 oncologists from McGill University Cancer Center in Canada, 64 said they would *not* consent to treatment with Cisplatin, a common chemotherapy drug, while **58 oncologists** said they would reject **all** the current trials being carried out by their establishment. Why? "The ineffectiveness of chemotherapy and its unacceptable degree of toxicity." Philip Day, *Cancer: Why We're Still Dying to Know the Truth*

This information is shocking to say the least. But consider this ...

Doctors today are not very different than they were 150 or 200 years ago. Back then the common practice was for interns and doctors working on cadavers to walk down the hall to deliver a baby *without* washing their hands. Many women died from the subsequent infections.

Finally a doctor in charge of a clinic figured out what was happening, and had them wash their hands. The infections stopped. When he published his results, **the medical profession was outraged**. Good doctors could not be the cause of something like this. The doctor was ostracized and fired.

He went elsewhere and repeated the experiment. Again, deaths dropped. Again he announced the results, and again the medical profession rose up against him. The end of the story was, he lost everything, went insane from the tragedy of it all, and killed himself.

Bottom line: Don't expect a doctor working inside the system to buck the system. The risks are too great.

It is not all gloom and doom with chemotherapy. For two decades Dr. Perez Garcia has been using a treatment he calls Insulin Potentiation Therapy (IPT). It consists of giving a patient a dose of insulin followed by a tiny dose of chemotherapy.

Cancer cells have 15 times more insulin receptors than normal cells. Insulin helps get chemotherapy into cells because cancer cells have so many more insulin receptors. So small doses of chemotherapy can be used that cause little harm to normal cells. With Stage 1 or 2 cancer, IPT is, I read, about 80% successful, mixed results for more serious cancers. So after two decades of use, how many doctors are using IPT? 29. Hard to believe isn't it.

I have read that many cancer doctors make much of their income from the markup they make on chemotherapy drugs, and small doses don't make big money. At any rate, it hasn't yet caught on.

I wonder how much more successful this therapy would be if some of the cancer fighting strategies you are going to read about below were also used to improve the immune system and fight cancer in other ways.

In fact, nutritional supplements are quite useful when used in conjunction with chemotherapy, radiation therapy and surgery.

You don't have to avoid chemotherapy or radiation therapy to receive benefits from natural products and supplements. The best ones work to support the body so that radiation and chemo will actually work better. In addition, the immune system will be stronger and be better able to keep cancer from developing again.

It makes sense, doesn't it, to supplement your chemotherapy or radiation treatments with other options that support your body and actually help it be much more effective in fighting cancer.

What we have found is this. Many people *only* do chemotherapy and radiation therapy, and do not also seriously support their body's fight against cancer in other ways. All too often the cancer continues to grow, or comes back a few months to a couple of years later. And no wonder.

If the immune system has been wiped out by chemotherapy or radiation, and the body is even more toxic, acidic and poorly oxygenated, cancer is bound to overrun the body even faster than before. Seeking other options *after* the doctors throw in the towel and say there is nothing else they can do, is understandable, and certainly is what I'd be doing if I was in the same situation.

For it still may not be too late, but the odds certainly decrease the worse off you are. It makes more sense to seriously try and correct the underlying cause of cancer earlier on when the odds are much better. Especially when they can do no harm.

Natural supplements won't hurt you. They can only help. They won't make chemotherapy or radiation therapy less effective either. Instead they amplify the power of whatever cancer treatments you may be doing by attacking cancer in other ways or supporting the health of the body and immune system. For example, research studies have shown that when you oxygenate cancer cells, radiation therapy is more effective at killing those cells. And beta glucan when used in conjunction with some types of chemotherapy produced marked improvement over chemotherapy alone.

Certainly some people are strong enough to beat cancer only using chemotherapy or radiation therapy. But look at the number of deaths from cancer and you see that most people aren't strong enough. It's like being in a life and death struggle and choosing to fight with one hand tied behind your back. Hit the cancer with everything you can. This is one fight you don't want to lose.

The stronger you keep yourself, the more support you give your body, the better you will be at handling any possible side effects of chemotherapy and radiation therapy, and the better your body will be at helping to fight off the cancer.

While there are many nutritional supplements that are good and healthy to use, some are much better than others in fighting cancer. Let's take a look at some of the best cancer killing products in the world.

### Products That Fight Cancer

A natural approach to cancer is based on making the body *healthier*. The strategy is to strengthen a depleted, worn out, under energized immune system that is not capable of killing cancer cells as fast as they are multiplying.

This is part of changing the body's **internal environment** so cancer cells can't survive and so you will experience greater health in every way. You accomplish this by supporting the body's fight against cancer, by changing the body's internal environment to one that does *not* support the growth of cancer, and by directly attacking cancer cells.

You will learn about safe and effective supplements that deal with each cancer weakness mentioned in this article. Products that can defeat cancer as they get at the underlying causes of cancer. That work on any and every cancer.

First we are going to cover two remarkable **cancer cell killing** products that have proven to be so effective at destroying cancer cells, we put them at the top of the list of cancer fighting supplements - in their own unique category, so to speak. They are....

**Cellular Zeolite**, a liquid zeolite, and **Zeolite**, a powdered micronized zeolite. While they work on a couple of the basic issues in cancer, as they are powerful detoxifiers and improve the alkalinity of your body, they are excellent cancer fighters because of their ability to **activate the P21 gene which tells a cancer cell to die**, and because they can literally destroy the nucleus of cancerous cells.

In one small study the liquid Cellular Zeolite proved itself to be potentially the best cancer fighter ever.

**65 people with stage 4 cancer, who had a prognosis of about 2 months to live, were given this type of liquid zeolite. A year later 51 people are still alive and cancer free. This is a 78% cure rate for terminal cancer with people where obviously the doctors had given up on them or they would have been on chemo or other treatments from their doctors.**

While this was just a small study, it certainly is impressive. As it has generated many remarkable testimonies, Cellular Zeolite may be the single strongest cancer fighter on this page or anywhere, for that matter, especially when the powdered Zeolite is used with it.

### Cellular Zeolite

As we said, the testimonies have been pretty impressive. A female biophysicist had a state of the art, highly sophisticated GDV analyzer that measured and analyzed the energies in the human body. With lumps and pain in her breasts, her GDV's cancer readings were sky high. *Three weeks after starting on the Cellular Zeolite, taking it at the suggested therapeutic level, her lumps were gone, as was the pain. And the GDV machine showed there was no cancer in her body.*

Bladder cancer testimony:

"Last January (2005) my father-in-law had another surgery for bladder cancer. In this, and the previous surgeries, tumors were found and treated. Since last January he has worn a catheter bag to collect his urine. A few months ago his catheter bag began to have blood in it. He continued to pass more and more blood, accompanied by a foul odor.

"After testing his urine and blood, his doctor told him the cancer was back. The doctor explained that radiation treatments would likely follow the surgery, and maybe chemotherapy after that. Surgery was scheduled for Friday Sept. 2nd.

"On Saturday Aug. 20th we got some **Cellular Zeolite** to him. In FOUR DAYS the bleeding STOPPED and the catheter bag remained clear of any blood. After a week on it, he woke one morning and his catheter bag was full of a sticky ugly gunk, and had a terrible odor. The catheter bags and tubes could not be cleaned, and had to be discarded and replaced. From that point on there has been NO blood or odor in his catheter bag.

"Friday, September 2nd, Carl underwent surgery. His doctor was surprised to find NO Tumors in his bladder! He said he was just sure there would be tumors there. Carl has also experienced an increase in energy since taking the Cellular Zeolite." Ron W.

Another man had testicular cancer with three tumors confirmed by cat scan. He was scheduled for surgery in 2 weeks. He started using Cellular Zeolite a few days later. When he went in for surgery, on checking for exact tumor locations by cat scan - nothing was found.

A big turn around in only a couple of weeks. But that's the length of time it works for some people. Most people take longer. We suggest adding on the powdered Zeolite because more does work better or faster, and adding it on will increase the likelihood of a rapid turnaround.

The key to why Cellular Zeolite works so powerfully is that it is the *best processed* zeolite formulation.

Zeolite is a negatively charged mineral that naturally attracts toxins, which are positively charged, to it, and traps them in its cage like structure. When zeolite is dug out of the ground, it will often have heavy metals bound up with it because it has an affinity to heavy metals. In making Cellular Zeolite, the zeolite is heated and cooled in a four day process to purify it of *all* toxins, to give it a small amount of calcium, potassium and magnesium for ionic exchange.

In addition, Cellular Zeolite's heating and cleaning process makes a smaller molecular size zeolite that enables it to better travel throughout the body. Studies show that when you take measured quantity of Cellular Zeolite, 40% shows up in the stools -- meaning it works in the intestinal tract -- and 60% is found in the urine, meaning it gets into the bloodstream and works on cancer throughout the body.

Zeolite is a negatively charged mineral while heavy metals and other toxins are positively charged. So the zeolite in the bloodstream picks up the these heavy metals and toxins, and traps them in its cellular structure. This enables Zeolite to detoxify without causing much in the way of detoxification symptoms or overloading your body's detoxification system.

What happens next, however, is what makes it a powerful cancer fighter....

Zeolite's ionic charge turns slightly positive when it is full of the positively charged toxins it is holding in its molecular structure. Normal cells have a neutral charge while cancer cells have a slightly negative electrical charge. So the now slightly positively charged zeolite molecule is attracted to cancer cells, and the cells pull it inside them. Once inside the cancer cells, it does a couple of things that kill the cancer cell.

**Zeolite activates the p21 gene. The function of the p21 gene is to tell the cancer cell to die.** P21 acts as a tumor suppressor as it controls cell cycle progression. The activation of P21 appears to halt the growth of tumors by directly suppressing growth signals. **In in-vitro studies, all cancer cells tested were destroyed in 72 hour.** There are no side effects because it specifically targets cancer cells as it is not attracted to normal healthy cells.

According to the patent on it, studies show that once it is pulled inside the cell, lysosomes and chemicals break it down. The trimetallic part of the zeolite molecule crosses the nucleus of the cancer cell and **destroys the nucleus and cytoplasmic organelles**. In some cases the cancer cells were destroyed in an outward burst of the cytoplasm by increased osmotic pressure. In other cases cells were totally destroyed by cell wall and membrane collapse after the nucleus is destroyed. Most often after the nucleus and the cytoplasm are destroyed, the entire cellular contents dissipate into the surrounding environment. The membrane of these now dead cancer cells remain intact, but no cellular structures are left.

The research shows that this Cellular Zeolite works on the receptor sites, cell wall membrane proteins, and surface chemistry of the cancer cell only. It does not effect ordinary, healthy cells.

This process works amazingly well both in the research and in real life. Cellular Zeolite produces remarkable results.

" I had a friend in MD Anderson Cancer Center in Houston, Texas with Leukemia who was coughing continuously from pneumonia... Last Thursday (September 15th) He started taking 15 drops three times a day of Cellular Zeolite. The first day he completely stopped coughing. The Doctor said do not stop the drops. **He left the Hospital today (Saturday September 17th) in Remission**, and is now an outpatient." Rick  
Clearing up leukemia in three days is quite an accomplishment. Stopping pneumonia in a day isn't shabby either.

"I can't thank you enough. I went into this Christmas thinking it would be the worst ever, but because of you I have had the best Christmas I could have ever wished for. Thank you.

"My father went for his monthly check up on Friday 23rd December 05. The doctor greeted him with a smile on his face from ear to ear. He told my father and mother to sit down because he had some good news. He said that the cancer had receded at a remarkable rate. He just could not believe it. He said that he should not worry anymore and if things went on like this then he would make a full recovery. The Doctor kept using the word remarkable!!! My father has only been taking the cellular zeolite for two weeks and the results are just a miracle.

"Thank you, thank you, thank you."

Glenn

Keiko is a female, age 72.

"At the end of Oct 2004 (11 months ago) Keiko was diagnosed in Japan with class 3 cervical cancer. At the recommendation of her doctors she underwent 28 rounds of radiation therapy. At the end of those treatments her doctors told her they had eradicated the cancer in her cervix. Keiko's daughter, Felice, had a recommendation from her doctors here in Hawaii that Keiko should really have a PET scan in Japan to check and make sure it hadn't spread anywhere else. *It had indeed metastasized to every lymph node in her body.*

Felice brought her mom to Hawaii in June of this year and the oncologists here said this was an extremely aggressive form of cancer. A CAT scan showed two more spots (on her lung and on her stomach) in addition to everything else. They would try 8 rounds of chemo therapy to put off what seemed imminent – but the prognosis was grim, they didn't expect her to live even a year.

But Keiko is a fighter. And her daughter was absolutely determined. So they walked this road with faith in the power of prayer. By the 5th round of chemo therapy Keiko was so sick (nausea, vomiting and diarrhea) they decided to stop – that was three weeks ago. Instead they kept praying and kept using the natural supplements. 5 weeks ago a friend told Felice and her mom about Cellular Zeolite. Keiko took it for a week before she had to stop to accommodate the 5th round of her chemo schedule. This time she got so sick from the chemo she and her daughter decided to stop the treatment right in the middle of the round (3 weeks ago) and they continued with the Cellular Zeolite 15 drops 3X day starting the next day.

"**Three weeks later** (Monday this week) Keiko had a follow up contrast dye CAT scan: When they walked in to her doctor's office, he asked how she was feeling and what she'd been eating, and had a sort of perplexed look on his face. They didn't know what to expect, but hoped and prayed there would be some positive news. Keiko didn't just have a report that was good, it was beyond all expectations -- **the doctor told Keiko and Felice there was not one single sign of cancer anywhere in her body.** Not in any of the lymph nodes, not on her lung or stomach. Stunned, Keiko's daughter even asked the Doc, "Are you sure? Who actually read the CAT scan?" and he reassured her it was definitely the expert, the radiologist, not just him! He was amazed too and said that less than 20% of his patients ever have such a thing happen, that even if there was great improvement they usually see some residual cancer still in the body but there was nothing here. Nothing. And the nurses were crying with emotion when they spoke with Felice and Keiko."

Again, while these reports of very quick turnarounds are most impressive, most people do take longer. Certainly the more cancer there is in the body, the longer it will take as it will require more zeolite to kill all the cells and only a small amount works at any one time. Taking larger amounts will increase the effectiveness and the speed at which it works for more people. The powdered Zeolite is not as proven as the liquid stuff is. It may not get to as many places in the body with its larger molecular size. Yet it has successfully got rid of cancer on its own, and you can take a whole lot of it relatively inexpensively. So taking large amounts of it along with the liquid makes sense as you get the best of both world, high quality in the liquid Cellular Zeolite and large quantity with the powdered "Zeolite".

Zeolite fights cancer in other ways. It chelates and removes heavy metals, pesticides, herbicides, and other toxins from your body. It does this in a hierarchical manner. **It is most attracted to lead, mercury, cadmium, arsenic and other heavy metals. Then chelates out pesticides, herbicides, plastics,** and so forth. It also acts as a natural trap of viral particles which stops production of the viruses.

Because it traps the toxins in its molecular structure, it detoxifies without overloading the detoxification system in your body. Because toxins are the underlying causes of almost all cancers, taking zeolite on a regular basis is an excellent cancer preventative. Especially as it will kill any cancer cells that develop.

In addition it traps free radicals in its molecular structure so acts as a **free radical scavenger** too. It will also help to normalize body pH levels. And helps somewhat to boost the immune system as it increases levels of CD4 immune system molecules.

There are some people who claim zeolite is neither safe or effective. As you will see, they are misguided and confused.

This particular form of zeolite used in both the liquid and powdered version we recommend, clinoptilolite, has been labeled 100% safe and non-toxic by the FDA. Some people claim that zeolite is not safe for people to use. Unfortunately, they did not do adequate research and got confused, at best. Just like with mushrooms, many types of zeolite are harmful, some aren't. There are more than 100 different zeolites. As an example, asbestos is a zeolite and causes cancer when inhaled as a fine powder. The zeolite we are talking about has been proven to be safe. It is a naturally-occurring non-fibrous clinoptilolite zeolite and is considered to be extremely safe and entirely non-toxic (even when inhaled). A study published in 1993 concluded that "clinoptilolite type zeolite had no carcinogenic activity." (Tatrai E, Ungvary G. Study on carcinogenicity of clinoptilolite type zeolite in Wistar rats. *Pol J Occup Med Environ Health*. 1993;6(1):27-34.) Another study noted that the absence in this zeolite "of fibrous particles capable of producing hydroxyl radicals makes this zeolite sample nontoxic and noncarcinogenic, at least when applied orally." (Pavelic K, et al Natural zeolite clinoptilolite: new adjuvant in anticancer therapy. *J Mol Med*. 2001;78(12):708-20.)

Additionally, detractors suggest that there are no long-term animal or human toxicity studies. This is also incorrect. This type of zeolite has been used in water filtration, air purification, plant fertilizers and animal feed for more than thirty years in the United States. Hundreds of published studies and articles outline its uses and benefits in humans and animals. A Medline search for "clinoptilolite" has no fewer than 140 articles on the uses of zeolite: removing heavy metals, improving the health of animals, treating viral disorders, removing fungal toxins, remediation of soil and treating cancer. In fact, there has been extensive testing done on this type of zeolite for use as an anti-diarrhea drug.

They claim that the aluminum that makes up the structure of the zeolite molecule is a danger. Again, they get it wrong. The zeolite molecule is composed of silica and aluminum oxides, one  $AlO_4$  and four  $SiO_4$  molecules. It is a crystal with a pyramid structure (tetrahedral) with the small  $Al-O_4$  in the center of the Four Silica molecules. The aluminum is trapped by the silica in this virtually indestructible particle. The Aluminum is NEVER bioavailable.

They also there is no evidence of excretion of heavy metals. This too is incorrect. In three separate studies specifically analyzing the ability of clinoptilolite to aid on the excretion of radioactive cesium particles, the zeolite was found to accelerate the excretion of these particles. The whole effect resulted in 15 to 50 times lowering of the equilibrium concentration of the radio-cesium (Jandl J, Novosad J. [In vivo reduction of radiocesium with modified clinoptilolite in sheep] *Vet Med (Praha)*. 1995 Aug;40(8):237-41.)

Anecdotal evidence supports the ability of zeolite to pull heavy metals from the body. Three children in one family had over a 60% decrease in their elevated heavy metal levels in just 3 weeks of taking 6 to 8 drops of the Cellular Zeolite 3 times a day, based on a before and after immuno essay of saliva and urine. Children with autism have experience improvements within days of taking as little as a drop a day of the liquid zeolite - a clear indication that heavy metals and other toxins are being pulled from their brains.

There are claims the clinoptilolite zeolite to be indiscriminate in what it adsorbs - that it will absorb nutrients. This too is incorrect. Dozens of published studies outline the reactivity series of zeolite, (what it absorbs) how it has preference for the heavier metals and larger compounds that carry a positive charge. The reactivity series starts with mercury (Hg). It is: Hg, Pb, Sn, Cd, As, Al, Sb, Fe, Ni and so on. Smaller compounds may go into the zeolite, but will not be trapped. In fact, several animal studies show that adding clinoptilolite zeolite to animal feed actually increases overall nutritional health of the animal rather than making it worse.

Cellular Zeolite was originally developed by a small pharmaceutical company. This liquid zeolite works more effectively than micronized zeolite powders for the same amount of milligrams. They are both micronized, but made smaller in different ways. The powdered zeolite is mechanically ground smaller. The heavy metals that



the zeolite attracts in the ground are still in it. So its molecular structure is partially full already, and it can't detoxify as well as the completely empty cage-like molecular structure of Cellular Zeolite.

With Cellular Zeolite, the zeolite undergoes a several day process of heat, acid and then slow cooling to completely rid it of heavy metals and toxins - so that it will absorb 9 to 20 times more toxins in each molecule than the powdered zeolite. This process also gets the zeolite in a smaller molecular size so that it may do a better job of getting into the bloodstream and into cancer cells. It is then put in a liquid solution to keep the particles apart so they don't clump up into larger molecules that can't pass as easily into the blood or cancer cells.

Clearly, zeolite is a remarkable product for cancer. It's nontoxic, a great detoxifier, helps to improve pH levels, and the liquid Cellular Zeolite has that amazing 78% cure rate for stage 4 cancer in one study. Do you know of anything that even comes close to this in effectiveness? If the drug companies had expensive drugs that would come anywhere close to this in effectiveness, they'd have every doctor prescribing them for cancer. (As long as it didn't work too quickly. Profits first, you understand.) There's no reason why you can't take such a powerful cancer fighter. It has been successfully used with chemotherapy and radiation. (If your chemotherapy used platinum or lithium, you would want to stop taking it 3 days before treatments and wait a least 3 days after the chemo was given. Consult your oncologist on any medical question.)

Of course, it must be taken in large enough quantities to make a difference. Four to eight bottles a month has been the usual amount used. That's 15 drops taken 3 to 5 times a day, and obviously that range is very effective. But it may be advantageous to do much more....

A vet had some superb results giving a 9 pound cat 15 drops 3 times a day. Enough for a 200 pound man. This is a huge amount for the size of the cat. Another cat owner had been giving her cat a more normal therapeutic amount, for a cat, of 3 drops 3 times a day. She had not seen any quick or impressive results. She read what the vet had done, and increased her cat's dosage to 15 drops 3 times a day. Within a few days the cat was doing much better. Clearly, there is an increase in effectiveness as the number of drops increases. In fact, some people who wish to maximize their chances of success, are now taking 64 drops 4 times a day. Unfortunately, that quantity would translate into using around 25 bottles a month. Not cheap.

Because more does better, and faster, using high quantities of the not quite as potent but much less expensive powdered Zeolite in addition to the Cellular Zeolite, makes sense. (Even if you must get one less bottle of the liquid.)

It has been used successfully to fight cancer by several doctors, so it does work. Even on its own. One 420 gram container provides a month's supply of the therapeutic amount being used by them. Take the normal therapeutic range of the liquid Cellular Zeolite and add on a bottle of the powdered to maximize. The liquid may get to places in the body the powdered stuff won't. By adding on this zeolite powder used by doctors, called simply enough **Zeolite**, you will be able to fight the cancer that much harder.

And if you can't afford to get even the smaller therapeutic amount of Cellular Zeolite - 4 bottles a month, get the powder on its own, or with just a bottle of the liquid. Quantity does matter when fighting cancer. You are not going to beat a cancer if you aren't doing enough to make a difference. And "Zeolite" supplies enough powdered zeolite to make a difference.

With its 78% cure rate for stage 4 cancer, it makes sense to use the liquid Cellular Zeolite at therapeutic levels if you can at all afford it. And even more sense to add on the powdered Zeolite to hit the cancer harder still. For a tight budget, just get the powdered Zeolite where you get a therapeutic amount for a month with just one container.

Of course, even as good as zeolite is proving itself to be, 22% of those stage 4 cancer patients in the study died. Some of them might have survived if they had been taking care of some of the underlying issues that cause cancer. That's why it makes sense to fight cancer by dealing with as many of the underlying causes of cancer as possible. So let's take a look at other products that have worked well at fighting cancer.

Cancer Weakness #1 - Fight Cancer By Increasing Cellular Oxygen Levels And Repairing Respiratory Enzymes in Cells

There are three steps in the process of significantly increasing oxygen levels in your cells so that you can wipe out cancer. The first step is to take an oxygen supplement that will literally produce much more oxygen in your cells. The second step is to take an herbal product that has been shown to increase the absorption into your cells

of the oxygen you breathe by 40%. And finally, you need to repair the respiratory enzymes in the mitochondria of the cells so that your cells can actually burn that oxygen. By doing so you will go a long way towards eliminating cancer.

Oxy E - Cellular Oxygen Enhancer

**Oxy E** increases oxygenation in your body at the cellular level. Plus it acts as a free radical scavenger, and produces extra hydrogen which also is quite beneficial.

This one ounce bottle of liquid contains an acid based formulation of sea water trace minerals, amino acids and enzymes. It interacts with deuterium, a trace mineral naturally found in water. And ends up creating hydrogen and oxygen as it splits the chemical bonds in water molecules.

What sets Oxy E apart from your typical oxygen supplement is that this oxygen producing reaction can take place **inside** the cells. Where you need to get the oxygen. Many oxygen producing products like hydrogen peroxide, vitamin O, or Aerobic - there's a whole slew of them - get oxygen into the blood. As Dr. Whittaker points out, what they can't do though, is to actually get the oxygen into the cells.

The typical oxygen supplements always cause free radical or oxidative damage in the body. Oxy E does the opposite. In its process of creating stable oxygen molecules, it actually eliminates free radicals.

The oxygen transportation problem is solved by Oxy E in a unique way. An ionic trace mineral blend in Oxy E enables it to enter cells, where it then makes oxygen. As maximum oxygen creation from Oxy E occurs 6 to 8 hours after ingesting, there is plenty of time to be taken into cells. It forms an O<sup>-</sup> molecule with a negative ionic charge, which eliminates an O<sup>+</sup> free radical by combining with it. This produces a stable oxygen molecule.

Oxy E is able to supply the body with a **steady** diet of free oxygen, hydrogen, full spectrum minerals, amino acids, and enzymes all the while cleansing cells of toxins and lactic acid. It will also pull more of whatever you take with it into cells, increasing the assimilation of nutrients or medications -- whatever is taken when you drink it.

So it works on the other fundamental cause of cancer, over-toxicity of the cells. You can't take too much, your body only uses as much as it needs. Because it is a powerful detoxifier, increase the dosages slowly.

"I am contacting you for a friend of mine as she does not have a computer to ask a few questions. Her husband has Adenocarcinoma (lung cancer). He has been on Oxy E for approx. 3 weeks. The results have been remarkable to his well being. He is sleeping very well, eating great and has boundless energy, looks and feels better. The improvement started after three days, he is on the maximum dose." Pat G.

Ed McCabe, a noted oxygen researcher, in an article in **Well Being Journal** gives some examples of how supplements like Oxy E helped some people with cancer.

"Dallas TV 11 had to repeat the Francis Guido story because there was so much demand for it by viewers. Francis loves to garden. One day she "No longer felt good." **Pancreatic Cancer**. Blood work and CAT scans every 4 months confirmed its continuing growth for a year and a half. Finally her doctor told her there was "nothing more they could do," and sent her home to die. She had no energy, couldn't get out of bed, or brush her teeth. Food would stick in her throat. She prayed over her dilemma, and the name of a local Naturopath popped into her mind. By this time **her throat was so closed off** she stopped drinking water. Dr. Revis helped her to drink an 8-ounce glass of water with drops of this supplement in it. Over a month she worked up to 72 drops per day. She started eating and drinking again. When she returned to her medical doctors they scanned all of her organs and bones, from head to toe, and *couldn't find any trace of Cancer!* A year and one half later, she looks so much younger, alive and vital, no one recognizes her at the supermarket. She reports: "I'm not dying! The stuff works, but you have to want to live, and continue doing it."

Ed continues, "Let's take the case of Joe Ritter, 66, from Fallbrook, California. Throat Cancer and surgery combined with **40 radiation treatments** left him burnt and scarred inside. He heard about and started taking the supplement, and when I interviewed him he was working out at the gym 4 hours a day, and considers himself way ahead of others who had the same surgery and radiation a year ago. He has the blood pressure of a 20 year old, the **lowest** his has ever been.

"For a variety of reasons not everyone gets the same results with any supplement, but it's hard to pass by another of my interviews, this one was with William Lee. He's 69, he loves fishing, hunting, yardwork, and working with flowers in South Dakota. He had 4 heart attacks, and after a stressful period his Cancer of 6 years ago flared up in his colon, stomach, blood, and prostate. His Naturopath guided him, working him up to taking

**high dosages** of it, several times a day for the past 7 months. He had the usual classic cleansing reactions as the body finally had the building block raw materials needed to *purge* itself of unwanted diseased tissue. He reported lumps of foul smelling substances that looked like "rotten hamburger" flushing out of his colon, his urine was strong and dark, and he had occasional headaches. As he said, "It is doing its job!" His doctor reports he's free from the Cancer, his heart is improving tremendously, and all previous heart pains have disappeared. William concludes: "It's a fantastic product."

**Suggested Use:** Add drops to eight ounces of purified water or juice and take with or after meals. It will improve assimilation of supplements you take with it. For a therapeutic dosage, increase slowly to about 10 to 15 drops 6 to 10 times a day. Or you can drink up to 54 drops in a quart of water three times a day. Just remember, Oxy E is a detoxifier so you may experience detoxification symptoms like headaches, fatigue, nausea and diarrhea if you increase the amounts rapidly and thus detoxify faster than your body can comfortably handle.

**MSM**, the well known organic sulfur product used for arthritis and pain relief, works well with Oxy E. I have also heard it is excellent for fighting cancer on its own as sulfur has anti-cancer activity.

John, a 58 year old man with **stage 4 osteosarcoma** (cancer of the brain) and cancer of the blood was given 6 to 10 months to live with radiation and less without. "At this point in time, John could no longer walk or drive. As he was about to die, John was then told to 'Get your affairs in order.' ....

"John immediately started taking MSM (organic sulfur), an increasing dosage of Oxy E, changing his diet to an *alkaline based diet*, and drinking lots of clean water everyday. In two weeks time John drove to his doctor and walked into his office for a check up. to his doctor's amazement, John's swelling in his brain had been reduced by 90% and his speech, his vision and his walking had returned to almost normal. Remember this was **only two weeks later!** His doctors could not believe his progress, and they were very mad at John for driving a car and not taking his medication. Nevertheless, they told John, 'Whatever you're doing, keep doing it.'

"They still wanted to give him radiation because he had a particularly rapid growing aggressive type of cancer. John refused the radiation and told them that he was going to be just fine and that he was going to beat this cancer faster than anything that they had ever seen. John religiously continued taking the MSM and the Oxy E. He also continued his strict diet and drank lots of pure water every day.

"Six weeks after his surgery John went back to his doctor for a MRI to see where the cancer was at that point. To his doctors' complete amazement, they found absolutely no swelling in the brain. **All brain functions had returned to normal and there was NO CANCER at all.**"

MSM helps to alkalinize the body, and helps detoxify it. A buildup of toxins leads to poor oxygenation. MSM experts recommend using 20 to 30 grams of MSM daily for best results.

UltraPerformance Specialist Increases Oxygen Absorption And Natural Killer Cell Activity

UltraPerformance Specialist is a proprietary formulation of 5 different Chinese mushrooms, Ginseng and Piperine Longa Extract. It is the only product on the market to have all three of the cordycep mushrooms. Most cordycep mushrooms are cultivated on rice powder which can leave residual powder in them, diluting their effectiveness. These are grown in an organic vegetable broth so you get 100% cordyceps. Even more important, most cordycep mushrooms are picked, dried and then are ready to go. In the processing of the mushrooms in UltraPerformance Specialist, they are fermented and winterized just like what happens in nature. This boosts the creation of cordyceptic acid - the major active ingredient - so that it may have as much as 1000% more.

Mushrooms have long been noted for their cancer fighting abilities and this special blend is no exception. It has the ability to increase Natural Killer Cell activity by 400%. Natural Killer Cells have the job of killing cancerous cells.

It is called UltraPerformance Specialist for an entirely different reason. Athletes and other users have noted big increases in their performance because it increases red blood cell oxygen functions up to 40%. And that's a big reason why a cancer patient would benefit from its use. If the red blood cells can take 40% more oxygen to the cells, then you will certainly get a lot more oxygen into your cells. This will help to kill cancer, and as Oxy E also does, give you more energy.

Cordyceps is an extraordinary family of mushrooms with natural bioactive ingredients and properties found in no other herbs. It is because they live in the severely harsh environments found at the high, cold, and arid

mountains (over 15,000 ft) that the Cordyceps mushroom have evolved a complex chemistry that is found nowhere else in nature.

Cordyceps radically increases **cellular energy by 30%**, which is also known scientifically as the **ATP/IP ratio**. Cordyceps has been clinically proven to increase cellular Bio-Energy by as much as 30% (Reported XU CF et al in ZHU J-S, Halpern GM, Jones K. *The Scientific rediscovery of a precious ancient Chinese herbal regimen: Cordyceps sinensis: Part I. J Alt Comp Med* 1998;4(3):289-303.)

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An even more vigorous study was conducted using "in vivo" mouse model induced acute Pulmonary Edema (Pneumonia) which causes systemic lack of oxygen, acidic body, and death. Research results show that animals taking Cordyceps had a significantly greater survival rate of 20% mortality vs. 80% mortality in 30 minutes. This is a startling **400% improvement**. (From Wan F, Zhang S. Clinical observations of fermented Cordyceps sinensis (Cs-4) in antitussive, expectorant, and antathematic effects. Collection on the Basic Medicinal and Clinical Studies of Submerged Culture Cordyceps sinensis. Beijing, Nanchang, China:Jiangxi TCM/IMM, 1985:35-39)

These results suggest that Cordyceps may improve the BIO ENERGY status of animals and probably in humans. This would happen because Cordyceps improves the internal balance mechanism, thus making the utilization of **OXYGEN** 40% more efficient. It has other benefits too.

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**Recharge the Protective Army of NK cells** Your body's ability to fight infections and tumors depends on the availability of **Natural Killer (NK) Cells**. These are essential first lines of defense for our body's protection mechanisms commonly known as the **Immune System**.

Several scientific studies of the Cordyceps mushrooms found in **UltraPerformance Specialist** have especially focused on Natural Killer (NK) cells and Cordyceps effect on them and cancer formation. One such in-vitro study demonstrated Cordyceps adding significant enhancement of NK cell activity in normal individuals as well as leukemia stricken individuals. (Liu C, Lu S, Ji MR, Xie Y. effects of *Cordyceps Sinensis* on in-vitro natural killer cells.

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The improvements in the Immune System were so impressive that Dr. Zhu at the Journal of Alternative and Complementary Medicine 1998 stated: "Because of the above profound influence on immune functions, natural Cordyceps products have been used in many clinical conditions in patients with altered immune functions."

Clearly, UltraPerformance Specialist, being a source for all three Cordyceps mushrooms along with other Chinese herbs for the immune system, is an important product in the fight against cancer for both its oxygen increasing ability and its immune support abilities.

### CoQ10

Coenzyme Q10 became well known for cancer when in one study large amounts of it, about 300 mgs a day, helped women with breast cancer recover from it. Enough research on it has been done that it is known as one of the most important common vitamins to take for cancer. Also for heart disease.

It is used in the mitochondria to transport oxygen. If a cell doesn't have enough CoQ10, it can't produce energy aerobically and it is more likely to become a cancerous cell. So high amounts of CoQ10, when combined with SSR Super Quinone or the Koch TMT and the oxygen producing capacity of Oxy E, works to help deal with that one fundamental cause that allows cancers to grow.

Some people recommend that if you are using graviola, which reduces cellular energy, you don't want to use CoQ10, which helps cells produce energy aerobically, because it may increase a cell's energy production. On the face of it, this makes sense - until you consider that we want to help all the cells in our body produce energy aerobically, to make them more resistant to cancer which primarily used anaerobic energy production. The benefits of CoQ10, Oxy E and other oxygenators more than offsets any possible slight decrease in the effectiveness of graviola.

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#### Cancer Weakness #2 - Raise pH Levels to Reduce Body Acidity

*Everyone* with cancer has low pH levels and many other cellular imbalances such as too much toxicity. Unfortunately, when someone has cancer, it is very difficult to raise pH levels quickly. Even taking large quantities of minerals and greens won't work fast because cancer cells pump out lactic acid which create even more acidity. That's why a remarkable alkalizer that can help to normalize pH within a few weeks or so made it to the top of my list of cancer fighting products. It is such an effective alkalizer, it compares with cesium in effectiveness but is completely safe. It's called

#### Elemental pH

It contains calcium made from egg shells that are heated to 10,000 degrees. At that temperature all impurities are burned away, outer electrons are stripped away from the calcium and the calcium is ionic clustered.

This makes the calcium very active. So much so that generally only 1/8th of a teaspoon, about as much as the tip of your little finger, is all that needs to be taken, three times a day. Or mix about half a teaspoon in a quart or so of water and sip it throughout the day. It will help your pH improve as rapidly as using 30 or so capsules of coral calcium daily. As with all the top cancer fighting supplements, some people have successfully used only it to fight cancer.

Once pH levels are normalized, you will still need to take Elemental pH. That's because the body will start eliminating toxins from the cells once blood pH is normalized, and the calcium will neutralize the toxins so they can be pulled out of the body. This will be an ongoing process for a considerable time.

Other benefits from improving pH include an improvement in diabetic conditions, a decrease in arthritic pain and a reduction in inflammation in general.

#### Betaine HCl and Ionic Potassium Concentrate

In the late 1920s Dr. Walter Guy and Dr. Ferguson made extensive use of hydrochloric acid therapy to cure many ill health conditions, including cancer. These doctors found that administering HCl (hydrochloric acid) was the best way to balance the pH in the body.

Hydrochloric acid in the stomach is needed to digest food, to break down protein. With age, and if you have a hiatal hernia, its production decreases. About 2 grams is required per meal. No acid means poor digestion, thus poor assimilation. Hydrochloric acid is the only normal acid in the body. Other acids are waste acid products created by low hydrochloric acid levels which leads to fermentation of the undigested foods in the stomach.

This fermentation produces waste acids that can cause acid reflux. When you take acid inhibitors or antacids, all acid is neutralized including HCl. Lack of HCl leads to excess lactic acid in the stomach and the body. This helps to set the stage for cancer.

Symptoms of acid indigestion almost always come from not enough hydrochloric acid that leads to the fermentation of organic waste acids in the stomach. Rather than taking antacids, hydrochloric acid is needed so that the organic waste acids are not produced. Don't take it if you have ulcers though.

Bob Livingston in his newsletter describes how lack of HCL may lead to cancer.

"Cancer victims always are high in lactic and carbonic acids. This definitely calls for the need of a larger supply of hydrochloric acid in cancer patients. When a weak solution of hydrochloric acid is introduced into the tissues, either by mouth, vein or muscles, it acts chiefly in clearing out the poisonous waste acids of the body from the lymph channels, increases the elimination of CO<sub>2</sub>, restores normal pH reaction and desensitizes the tissues to disease proteins."

The doctors found that no matter how the HCl was given, it was useful. Especially if combined with potassium. There was no dosage standardization. The simplest way for you to get additional HCl is to take a Betaine HCl supplement to improve digestion and stop the fermentation of food in the stomach. When you take acid stoppers, you accelerate the putrefaction process that leads to the breakdown of the body, and leads to more acid indigestion. In addition, more of it in the body can improve the immune response and increase the ability of red cells to transport oxygen. Taking it with meals will help both improve digestion and getting more into the body where it will help to balance pH. The potassium will also help to improve oxygen levels in the body.

Active Ionic or Omica Plus

Active Ionic is an energized ionic trace mineral formulation (with plenty of magnesium) that contains fulvic acid (not folic acid). Fulvic acid can balance and energize cell life and biological properties. Right from the start it begins a healing and restorative process. Acting as a "free-radical" scavenger, Fulvic acid supplies vital electrolytes, enhances and transports nutrients, catalyzes enzyme reactions, increases assimilation, stimulates metabolism, chelates and changes inorganic minerals into organically complex minerals. It modifies the damage of toxic compounds such as heavy metals and free radicals, increases the permeability and absorption of digestive, circulatory, and cell membranes.

A proprietary no acid refining method is used to produce the fulvic acid. This accelerates the concentration and purity of the fulvic acid while leaving it with a pure clean taste just as nature intended.

Active Ionic has some big name proponents. Gabriel Cousins recommends it. A leading alternative cancer doctor loves it. He has all his clients take it, 200 drops or more a day. That's about 3 bottles worth a month. Not only does it help with alkalinity, nutrient absorption, detoxification and enzyme activity, it increases energy and elevates mood.

**Omica Plus** is a refinement of Active Ionic as it has the addition of Grape Seed and Grape Skin Extract, Citrus Essential Oils and Stevia. This gives it more antioxidant properties

Another unusual alkalizer is a healthy coffee that is so versatile I wasn't sure whether to list it as an immune supplement or as an alkalizer. After I heard it was adjusting pH back to normal quickly, I included it here. It's not going to work on tough cases fast, but it will help. If you are still drinking coffee or want to drink coffee, this is the coffee to use because other coffee is highly acidic.

Gano Healthy Coffee

If you drink coffee, it's time to change to a healthy coffee that can improve your health rather than bring it down. It tastes very good and is inexpensive. (You can get a mushroom enhanced tea and hot chocolate if you don't like coffee.)

A company with the largest organic reishi mushroom (*Ganoderma lucidum*) plantation in the world adds its extract to coffee and makes it into something healthy.

They add a taste-free extract from the reishi mushroom that provides remarkable health properties. This coffee itself is very low in acid and has a dramatically diminished caffeine content - 8 to 14 mgs per cup, much less than regular coffee which ranges from 65 to 175 mgs per cup. It is made from the best Brazilian coffee beans that are naturally low in acidity and caffeine.

**Reishi** has been used medicinally in Asia for over 2,000 years. It is commonly used to fight cancer in many alternative cancer clinics, and contains more than 200 active elements known to improve health.

*Especially important for fighting cancer are the polysaccharides for strengthening the body's immune system and organic germanium which increases oxygen in the blood system.*

Reported benefits from drinking this coffee indicate that it may **improve your sleep, balance your PH, increase oxygen to your brain, help balance your weight, and boost your overall health so efficiently that you can feel the benefits almost immediately.** It helps to remove toxins from your body, and it tastes good. I have talked with people who said it stopped their arthritis pain and cured their diabetes. They were just users, not marketing the ganoderma.

They come as instant coffees that taste like they've been brewed. All contain Ganoderma extract. The **3-in-1** also contains non dairy creamer and sugar, **Mocha** has cocoa, sugar, skim milk and non dairy creamer.

The healthiest one and the only one I would suggest using for someone with cancer, is the Classic **black** coffee as you can add healthier sweeteners like a very good stevia liquid that will not feed cancer cells, and organic cream if you like. The **Ginseng Tongkat Ali** coffee which is like the 3-in-1 with potent herbs added to it so it may be the most medicinal but the sugar in it is a no-no for cancer.

Also healthiest to use is the **Gano Tea SOD** which is Rooibos tea supplying the powerful antioxidant SOD and the Ganoderma extract. The **hot chocolate** has cocoa, Ganoderma extract, non dairy creamer and sugar.

The reishi mushroom extract seem to be able to counter the effects of the sugar in addition to supplying other benefits but it is healthier to use the black coffee without the sugar.

If you drink coffee or want to drinking coffee again, substitute this healthy gano coffee. If you don't, consider taking the Ganoderma reishi mushroom extract capsules. They are a more concentrated source of a powerful supplement with many tumor fighting properties.



**Cal Mag Fizz** is a good tasting mineral powder that provides all your major minerals and some B vitamins too. It fizzes right up and is highly absorbed, as much as 97%.

**PH Plus** is an effective and easy way to alkalinize the fluids you drink. Just put a couple of drops in everything you drink, well probably not milk products, and it will work to more rapidly alkalinize your body. Should you use these drops to the exclusion of mineral supplements like UltraBioMinn or Elemental pH? No. But it will help to more rapidly alkalinize your body. In addition it acts as a free radical scavenger and is inexpensive to boot.

**MSM.** For years MSM vendors have received numerous testimonials of MSM helping people recovery from cancer. It is a mineral, an organic sulfur. You must take it in large amounts for maximum benefit. 20 to 30 grams a day for fighting cancer. It is alkalizing, and is an excellent detoxifier. MSM helps make cell walls more permeable so that more nutrients can get in, and more toxins out. When you get it as a bag of powder, it is inexpensive. Making it well worth adding on to any cancer fighting regime.

Cancer Weakness #3 - Get MethylGlyoxal Into Your Cells

Koch TMT Homeopathic Formulations and SSR Super Quinone

Developed by Dr. William F. Koch, Super Quinone and Koch's full line of TMT homeopathic remedies have for over 60 years been used time and again to conquer cancer and other major illnesses. Composed of homeopathic sized methylglyoxal quinone molecules, one of their main functions is their ability to repair damaged respiratory enzymes in cells. This is fundamental to the development of cancer.

As you will read more about later on, another main cancer fighting function they perform is to get methylglyoxal back into cells, thus helping to turn off the uncontrolled replication that characterizes cancer cells.

They also work to effectively neutralize free radicals in a different way than typical antioxidant supplements do. It was Dr. Koch's opinion that his homeopathic quinone based remedy tapped into healing at the level of DNA in the all the cells of the body. Primarily by triggering a cell's oxidative mechanisms to regenerate the impaired aerobic oxygen respiration that causes the cell to go cancerous. Restoring a cell's ability to use oxygen to produce energy is fundamental to Otto Warburg's theory on how to stop cancer. And it works...

Koch's book, *The Survival Factor*, has a series of photos of an infant with inoperable liver cancer who had a protrusion of the abdomen which got less and less until she is shown as a healthy young girl. And many other users have experienced similar results.

They formulations trigger a chain reaction in every cell on a molecular level, and tap into the body's infinite capacity to reverse any disease.

Dr. Koch called his primary remedy the Synthetic Survival Reagent, thus SSR. And used it successfully for treating cancers, allergies, polio and infectious diseases. He postulated that it worked against pathogens because the increased oxidation initiated by SSR would kill the disease causing pathogens in the cells.

They also help to deal with the damaging effects of free radicals throughout the body. In a sense, causing a chain reaction at the DNA level among all existing free radicals to nullify them so that they cannot cause disease. When you take them along with other free radical scavengers, the damaging effects from the vast amounts of free radicals we are exposed to in this polluted world can be greatly negated. It can bring about dramatic changes in the cells because it normalizes DNA function with the removal of free radicals, and subsequently effects how cells replicate.

In addition, it is theorized to be able to interfere with the DNA of pathogenic microorganisms and cancer cells to shut down their replication and thus cause them to die. *An MD who worked with Koch's formulations said that he found it to be about 80% effective against cancer.*

As a historical note, in Germany they have been used to treat many different diseases. German authorities on these remedies say that they treat: Cancer, HIV, chronic infectious diseases, autoimmune diseases, can be a replacement for vaccinations of diseases such as chicken pox and measles, and basically treat any and all disease. (Heart disease is intimately connected to free radical damage and bacterial infections.) Because the Super Quinone and TMT molecules are extremely small, it has no problem working on diseases of the brain.

Methylglyoxal, if you remember, literally tells cancer cells to stop their abnormally high replication rate. Cancer cells are revved up way past the red line, so to speak, when it comes to cell replication, and replicate many times faster than normal cells.

Methylglyoxal is missing from those cells. TMT or SSR use a very slight amount of methylglyoxal that starts a **self-replicating process** causing the cell to repair itself as Methylglyoxal is introduced to the cell, and passes on to restore the Methylglyoxal in another cell. Causing a cascade of cellular repair and a stopping of uncontrolled replication. As Dr. Szent-Gyorgyi discovered, when cancer cells can't replicate in an uncontrolled fashion, they die.

And of course, at the same time as these remedies turn off the replication of cancer cells, they initiate the repair of respiratory enzymes from cell to cell.

TMT is Dr. Koch's full range of five different homeopathic formulations of glyoxal and methylglyoxal (one of them being SSR) that work together to stimulate your body to create more methylglyoxal in the cells. They have been used for 50 years in Germany and have proven again and again to be quite powerful in their cancer fighting effects.

The TMT Homeopathic liquid remedies come in 2ml sealed glass vials. You break off the top of the glass vial to open them. Then sip the liquid using a small straw. You get more than you do with the SSR vials, but they are a bit harder to take than the SSR screw off the top 1 ml vials.

One set of TMT comprises ten vials. The normal protocol is to take one a day for 10 days, and then one a week for 10 weeks. At this rate, two sets of TMT vials will last three months.

The TMT protocol is not quite as intensive in frequency as using the SSR. A set of SSR comprises 14 vials. You use one a day for ten days and then one a week for 4 weeks. Then repeat. The 14 SSR vials last for a month and a half and then you start taking one a day again for ten more days and then one a week for four weeks. The TMT remedies are a more complete program in that they comprise five of the formulations developed by Koch, which he gave in rotation, and the TMT vials contain more per vial than the SSR. But they are a bit harder to take as they are a sealed glass vial that has to be broken, and you go through a longer period where you are taking one vial a week for ten weeks. With either formulation you can decide to take one a day indefinitely until better.

Dr. Koch, in one of his books, wrote that he was having miraculous success with cancer when he was working in South America, reversing even quite advanced cases. One health practitioner using a Koch formulation that came in the sealed vials - like the TMT remedies do, was giving them via muscular injections and reported what she called miraculous effects also. (The more painful the shot, the better the formulation.)

(The Five Mineral Catalyst Formula may be used with either the TMT or the SSR.)

It is suggested that you go on a vegan - no animal products diet (for at least a week) when using TMT - though most people do not follow that protocol.

Here are some case studies of people who followed the TMT protocol.

A 31 year old female with **cervical cancer** suffered for a year with irregular bleeding, discharge, increasing pain and progressive bladder problems. Squamous cell cancer was diagnosed and confirmed.

She went on the TMT protocol and vegan diet, and experienced the typical first reaction symptoms of general achiness and a low grade fever, very much like a cold. After a few months the bleeding stopped, puss and discharge stopped soon afterwards, and the pain slowly went away. After 36 weeks there were no more symptoms, and the cancer was in remission.

A 58 year old female had **stomach cancer** and had lost weight from 150 to 108 pounds in nine months. The entire right side of the stomach was enlarged, bulging with a tumor. She was vomiting, had great weakness and considerable pain and tenderness in the abdomen.

She started on an all vegan diet and the TMT. After 3 weeks she experienced the healing reaction of chills, fever, and general aching for several days. She took no dosages of TMT during her healing reaction. She continued in a once a week dosage and experienced several more healing reactions until her recovery and went into remission.

TMT was used once a month as maintenance. After ten years, she was still in good health.

A 42 year old female with **metastatic breast cancer** in the bones, lungs and liver had a radical mastectomy with lymphatic dissection followed by chemotherapy for 6 months. This was followed by radiation treatments to

the lungs and bones. After eight months of remission, she was found to have an acute reoccurrence of bone metastasis.

She started on a vegan diet and intermittent juicing and fasting on a regular basis, and did home enemas. (**Maximum Digestion** is an excellent enema substitute as it cleans the whole intestinal tract and rebuild the intestinal lining.)

She followed the usual TMT protocol. She developed acute bone pain with skin inflammation. Even the surgical scar of the mastectomy became inflamed. She was taken off TMT during this healing reaction. After two weeks, she went back on the protocol. Within a week, the patient developed abdominal pain. This seems to be resolving a chronic liver viral episode she had in the past. It lasted for several weeks.

Over the next year she took TMT in intervals dependent on healing reactions. Pain and inflammation decreased. Eventually she went back to her oncologist, and a bone scan and cat scan revealed no further evidence of cancer.

A three month old baby, diagnosed using x-rays, exploratory surgery and a biopsy, had **cancer in 85% of her liver**. The doctors closed her up and told the mother that nothing more could be done. Just try to make her as comfortable as possible for the few days she had left to live. They placed her maximum life expectancy at 21 days.

With the help of another doctor, she was started in the TMT protocol. Within the first ten days on TMT, the baby passed large quantities of mucous with multiple bowel movements.

In three months, the abdominal area became smaller in size and softer, and the baby could breath easier. In four more months another doctor examined her and could find nothing wrong with the baby.

After 6 more months, the baby was examined by several other doctors, and none of them could find anything wrong. At two years old she had normal growth and development.

A 40 year old man with **metastatic squamous cell carcinoma of the throat** was given 6 to 12 months to live. After taking two IV dose infusions of chemotherapy, the patient terminated the treatment as he couldn't take it anymore.

TMT protocol was started. He maintained a vegan diet and did enemas for the first 3 months. After about one month, he had a healing reaction with acute body aches, fever and chills, and fatigue as if fighting the flu.

Within several weeks he reported to be feeling quite well. He maintained on TMT.

One year since the initial lymphatic dissection a follow up with the oncologist was done. No reoccurrence of the original cancer could be found. He was told by the oncologist "don't tell me what you are doing, but for goodness sakes, don't stop whatever it is."

After five years he gave up going to the oncologist stating that it was just too depressing going to a place where he sees people in his previous state so sick from the chemotherapy.

Products to be mentioned elsewhere that support cellular oxygenation include AFA Blue Green Algae, CoEnzyme Q10, and a EAQ10. Anything that raises the pH level in the body improves oxygenation.

Cancer Weakness #4 - Strengthen the Immune System

As the immune system is so important in fighting cancer, the first five products in this category are all top tier products worthy to be in any cancer program. They work on the immune system in slightly different ways.

**MPS Gold Enhances Immune System, Improves Cellular Communication, Creates Tumor Necrosis Factor and more**

Cancer cells are **non-self**. As are viruses and other pathogens in our body. By increasing the ability of the cells to communicate with each other and with the immune system, the immune system may be better able to identify what is non-self, and get rid it.

One type of product that has proved to be *so* effective at helping the immune system do this, a new science has developed around it. The science of **Glycobiology**, which deals with the role of essential long chain carbohydrates in cellular communication.

To maintain a healthy body, cells must "*talk*" to each other. Their language is one of touch, written in saccharides (or simple sugars) on the cell surfaces. Like thousands of different "keys" projecting from the cell surface, they either unlock the required functions of the adjoining cell or not. If the right keys are available, the body functions smoothly. If not, it doesn't.

In March, 2001, **Science Magazine** dedicated virtually the entire magazine to the science of Glycobiology and the essential saccharides that make up these cellular communication keys.

The University of California, San Diego, announced the establishment of a Center for the further research and development of the Science of Glycobiology. And the President of the Royal Academy of Medicine in London, Dr. John Asford, said that "Sugars are going to be the molecules of the next decade."

Eclipse Magazine reviewed the results in Uganda where they are using these glyconutrients on AIDS and cancer patients and seeing remarkable results, and the child with Progeria (fast aging disease) who is experiencing reversal in his aging process once on glyconutrients.

The best source for these special, long chain carbohydrate molecules has proven to be properly processed aloe vera. One of the top researchers in the field, Dr. Danhof, gives some details on what it does. (These are Dr. Danhof's words based on his and other research.)

"The Aloe Vera MPS is a long chain sugar molecule composed of individual sugar molecules connected together in long linear chains. There is wide range in the size of the MPS molecule. The varying sizes determine their healing properties.

"1. Anti-inflammatory and Blood Sugar Normalization Small size molecules

MPS reduces inflammation Ñ which is involved in such diseases as ulcerative colitis, arthritis, and gastric reflux. Also helps with the reduction of blood sugar with both type I and II diabetes.

"2. Free Radical Scavenger Medium size molecules

Whereas vitamins and minerals can only function outside the cells, MPS are effective intracellular antioxidant and free radical scavengers Ñ very important in preventing and treating arteriosclerosis, heart disease and Parkinson's disease. With the ever-increasing chemical pollution all over the planet and loss of nutrients in the soil, the increase in free radicals and loss of cellular oxygen will only become worse with time.

"3. Anti-Pathogenic Large size molecules

Has a direct antibacterial, anti-viral, anti-yeast/fungus and anti-amoeba effect. This is important with all the new infectious diseases cropping up and the older ones becoming more virulent and mutating from long term use of antibiotics.

"4. **Immune System Enhancement** Very large size molecules

The very large molecules are immune modulating, which has a powerful healing effect on AIDS, Chronic Fatigue Syndrome, other chronic infections, multiple chemical exposure, cancer, heart disease, auto-immune diseases and many other immune system disorders. MPS is important with the ever-increasing number of infectious diseases that are gradually becoming resistant to antibiotics.

"The MPS molecule activates the Macrophage directly and through the liver to produce a cascade of healing effects: increases phagocytosis by the macrophage to engulf and **destroy** infected cells and damaged cells (the garbage eater in the body); increases interleukin and interferon levels in the body, which then increases the number and response of T-Cells and Monocytes; wound healing via fibroblast activity as well as dramatically increasing the growth of new cells and the anti-pathogenic response with viruses, bacteria, yeast fungus and amoebas.

**"MPS also causes the body to produce tumor necrosis factor that destroys tumors by shutting off their blood supply."**

There are several small pharmaceutical companies developing drugs using these long chain polysaccharides to fight cancer. One of them, GlycoGenesys Inc., has a successful drug going into Phase 2 of FDA testing on its way to approval for use against cancer. So there is a good amount of research in this field on how it fights cancer.

MPS-Gold is the best aloe vera concentrate. The manufacturer of MPS-Gold uses the right kind of processing to preserve all the active ingredients. Their testing shows no other Aloe product, whole leaf, from the gel or as a powder, contains as wide a range of stabilized muco polysaccharides as MPS-Gold.

When the leaf is cut, the mineral salts and enzymes break down the MPS molecule. The proprietary extraction process, involves freeze drying the gel into a powder and takes steps to eliminate the enzymes and mineral salts (which are in most Aloe products).

The mineral salts and enzymes in Aloe can be irritating to the gut. MPS-GOLD contains higher levels of active ingredients. 60%. Less fiber. It contains the complete MPS molecule intact. Its dalton weight goes up to over

two million. These higher dalton weights, over one million, are necessary for **effective** immune system healing, bolstering and balancing the immune system cells, for producing tumor necrosis factor.

MPS-Gold is taken as a loose powder mixed with water once a day. For health maintenance and health concerns that are not serious, a quarter to half a measuring teaspoon a day is used, with an ounce lasting 4 to 8 months. For serious health concerns, **usually 2 and 1/2 measuring teaspoons a day** are used, with an ounce lasting a month. Some people use 7 and 1/2 tsp a day for the most serious conditions which is three bottles for a month's supply.

A woman in her middle forties was diagnosed with a high-grade progressive malignant bladder cancer. X-rays and a biopsy showing that her bladder was 20% consumed by the cancer, which had invaded the muscle tissue and was considered to be one of the most aggressive types. She was scheduled to have her bladder **removed**, but after a few weeks of taking a high dose of MPS-GOLD she went in to have the operation for bladder removal and the medical doctors found that her cancer was gone!

One man had advanced liver cancer. Chemotherapy treatments were *unsuccessful*. Bleeding in the intestines required months of blood transfusion. Five days after beginning one teaspoon a day of MPS-GOLD, his bleeding stopped. His health gradually improved, and he returned to a more normal routine of day to day living. Another man in his early seventies, who was recently undergoing chemical and radiation therapy for **pancreatic cancer**, had lost a tremendous amount of weight, so much that his family became very concerned and ordered MPS-GOLD. Within two weeks of using a very high dose of MPS-GOLD mixed with water, 7 1/2 level measuring teaspoons, he began gaining weight and had much less nausea from the medical treatment he was receiving.

One woman, taking 7 1/2 tsp a day, said she felt it going directly to her cancer and working on it every time she took it. (She had very extensive bone cancer.)

**MPS-Gold 3X** is a concentrate that boosts the immune response threefold when taken *with* the regular MPS-Gold. It concentrates more of the heavier weight long chain molecules. You must use it with the regular MPS-Gold for it to be effective. Use half as much as the MPS-Gold you take. It has been proven via scientific studies to increase immune system response by **300%** (MPS 3X contains targeted components of the galactomannan molecule). The bottle is half the size of the large MPS-Gold bottle so you use one of each. Two or three of each in a month would be a high therapeutic amount.

### **U-Fn: 35% U-Fucoidan Extract**

There has been a great deal of research done in Japan and in Europe on the ability of a polysaccharide from seaweed to fight cancer, **U-Fucoidan**. In research it was discovered to cause cancer cells to **self-destruct**. This activity and other tumor fighting activity has been found in numerous other studies in Europe, and makes this 35% concentration a top pick. It is also excellent for dealing with an enlarged and painful prostate.

U-fucoidan is a polysaccharide found mainly in brown seaweed. Although U-fucoidan is found in other seaweeds and plants such as wakame, mozuku, and hijiki, kombu (*Laminaria japonica*) is distinctively rich in this substance. Brown seaweed has been found continuously to be the most beneficial among other seaweeds and plants.

Research has shown that when U-fucoidan was administered to cancer cells in test tubes, they died within 72 hours. This process is known as apoptosis; the destruction of cells from within due to activation by the digestive enzymes contained in the cells themselves. Currently, efforts are under way to find the consensus concerning the precise nature of U-fucoidan. Interestingly, Okinawa, Japan has the **lowest cancer mortality rate** in Japan where kombu is predominantly consumed.

U-Fn is concentrated brown seaweed extract. This product was developed to maximize the quantity of essential polysaccharides found in *Laminaria japonica* (kombu), and at the same time to leave a natural balance of vitamins and minerals. U-Fn is a wholesome food supplement and delivers beneficial factors of brown seaweed in the enhanced bio-available form. U-Fn is a strong antioxidant and can have immuno-modulating activity.

Health Benefits: Clinical studies have shown that fucoidan can...

**Decrease cholesterol levels - its enzymes break down fatty acids in the liver**

Diabetes control - slows down the release of glucose into the blood

**Lower blood pressure**

Improve liver function

**Improve immunity - increases the production of immune cells or natural killer cells (NK cells)**

Reduce stomach disorders

**Skin rejuvenation - increases the production of integrin, a protein that helps in skin repair and firmness**

Relieve allergies- because of the increase of NK cells

**Relieve arthritis - by promoting the production of fibronectin which plays an important part in keeping joints flexible and lubricated**

Herpes remedy - because of fucoidan's antiviral properties

**Stop formation of cancer cells - through a process called apoptosis (cell self-destructing)**

Here's more information on this product as found in a press release, published June 17, 1996 - from Biomedical Research Laboratories titled:

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"Polysaccharide found in the seaweed kombu, U-fucoidan, discovered to cause cancer cells to self-destruct " Biomedical Research Laboratories (Takara Shuzo, Japan) and their research partners have discovered that a polysaccharide known as U-fucoidan, found in brown seaweed, causes various types of established cancer cell lines to self-destruct.

These researchers have confirmed that fucoidan has **anti-tumour properties** and causes certain types of rapidly growing cancer cells to self-destruct. Examples of cancer cell strains where this self-destruct phenomenon was observed include: Human acute promyelocytic **leukemia** cells (HL-60 cell line) Human **stomach cancer** cells (AGS cell line Human **colon cancer** cells (HCT-116 cell line Cancer cells of the descending colon (SW-480 cell line/WiDr cell line) This self-destruction was observed to take place without affecting normal cells.

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The article explains that this self-destruct phenomenon is known as **apoptosis**, as distinguished from necrosis, which is the death of cells directly brought about by external stimuli such as poisonous substances and physical damage to the cell. Apoptosis is brought about by a mechanism that is programmed into the natural makeup of cells.

Organisms activate this mechanism when necessary, which renders the cancer cells useless through activation of the deoxyribonuclease found within the cell itself.

Apoptosis may be said to be a natural means through which living organisms manage to **eliminate** harmful cells from their systems.

While the Japanese have been using U-Fucoidan extracts to fight cancer for a number of years now, a concentration of this magnitude, 35%, has not before been available in the US, and dramatically reduces the amount of capsules that need to be taken to get enough U-Fucoidan to effectively fight cancer.

Even with a concentrated brown algae extract like Modifilan, the difference is significant. 4 capsules of U-Fn supplies as much U-Fucoidan as 45 capsules of Modifilan. Which may be why people familiar with cancer fighting products feel that it is so strong and effective. They note that **improvements in cancer blood tests** often show up within 2 *months* when using 6 capsules a day.

Leonid Gordin, M.D. Cambridge, MA on the benefits of U-Fucoidan.

"The ongoing research into fucoidan has conclusively demonstrated its ability to induce cancer cell **apoptosis** (programmed cell death) in leukemia, stomach and colon cancer cell lines....

"Fucoidan interferes with cancer cells metastasis (anti-metastatic activity) by inhibition of physical interaction between the tumor cells and basement membrane as well as suppression of the proteolytic cascade of plasminogen activation....

"Another mechanism of antiproliferative (anti-tumor) properties of fucoidan was shown in vitro and in vivo on a cell line derived from a nonsmall-cell human bronchopulmonary carcinoma (particularly chemo resistant tumor). Fucoidan exerted **antiproliferative** activity with a block observed in the G1 phase of the cell cycle." With its extremely high concentration of U-Fucoidan, U-Fn may indeed be a premier cancer fighting product. It is best taken before or with breakfast. Two capsules are taken per day for normal supplementation. For cancer, 6 capsules per day are recommended which is three bottles worth in a month's time.

Defense

Defense is another antioxidant formulation that is primarily a cancer cell killer. I first heard about its use with a cat. Within three days of taking just 1/of a capsule twice daily, the cat's tumor started making dramatic changes.

Then on the fifth day, more changes -- the tumor began disintegrating. It turns out that the tumor actually liquidized and leaked out onto the driveway where the cat was lying in the sun. This was after 2 years of Graviola, etc.

The four main ingredients in “**DEFENSE**” are Black Cumin, Muscadine Grape Seed, the Native American Sacred herb “Tsi-Ahga” and Allicin-Release Product (ARP) from garlic. Each one is demonstrated in scientific research to strengthen, support and modulate the Immune Response in different ways.

**Garlic** extracts have been used for thousands of years successfully to aid in a wide variety of conditions. The anti microbial substance known as “Allicin” is produced when the Alliin and Allinase of the garlic are brought together as a result of damage to the bulb or by microbial invasion of the plant. Allicin is the natural defense mechanism of the garlic plant that science has proven to be so effective as a defense for us as well. Some research-supported actions of Allicin are: reduces blood pressure, kills microscopic organisms, poisonous bacteria, parasites and fungal infections, aids in preventing neoplasm, reduces high blood cholesterol, removes heavy metals and other toxins, scavenges and removes free radicals, repairs immune system cells by providing high sulfur compounds, and increases blood circulation.

The chemistry of garlic is complex and even though Allicin was discovered in 1944, its volatility has resulted in very few supplements or garlic based products that contain any Allicin by the time they reach the consumer. In the past year alone, supermarkets and mass merchandisers in the United States have sold more than 5 million units of garlic. This makes garlic the most popular herbal product in America, according to Information Resources, Inc., and yet none of those consumers are getting what they actually need (Allicin) from the garlic products they buy. **The Allicin found in two capsules of “Defense” is equivalent to eating 45 whole bulbs of garlic!**

**Black Cumin** has just as impressive scientific research that shows it stimulates the bone marrow to produce immune cells, increases interferon production, protects the body against viruses and inhibits infection. Black Cumin has also been proven effective against the development of cancer. The Cancer Immuno-Biology Laboratory of South Carolina ran a series of experiments in which mice were infected with tumor cells. Two thirds of the animals treated with Black Cumin oil were still alive thirty days after being infected. In contrast, ALL of the mice that did not receive Black Cumin treatment died within thirty days. I have heard that some researchers feel black cumin has proved to be more effective than other cancer fighting supplements.

Defense uses a patented process to turn the black cumin essential oil into a powder without losing any of the essential phytonutrients found in the oil. In its capsule form it is much easier to take than the oil. It is the highest quality cumin, organically grown in Egypt.

**Tsi-Ahga** is a Native American Sacramental Medicine derived from Conks that grow on certain cone-bearing trees. The 3-beta-D-glucans which make up part of the cellular structure of these Conks cause a pan-systemic modulation of T-Cells, Macrophages and Neutrophil White Blood Cells, when ingested. In fact, it has been established that the number and viability of these particular cells **is increased by as much as 4000% within 20 hours after taking Tsi-Ahga!** Macrophages and Neutrophils are the two cells upon which all other Immune Cells depend. You can have many viable B-Cells and T-Cells, but they will not be effective without the programming provided by these “Communicator” cells. Tsi-Ahga also contains bitter triterpene compounds that support the thymus and spleen (essential to insuring that immune cells are properly programmed), anti-tumor polysaccharides, blood pressure-reducing angiotensin re-uptake inhibitors, and perhaps the highest source of germanium in nature. Germanium is an oxygen catalyst and one of the most powerful free-radical scavengers found in nature.

**Muscadine Grape Seed** contains higher levels of antioxidants than blackberries, black raspberries, blueberries, cranberries, red raspberries, and strawberries. This finding was established in the early 1990s by Mississippi State University, as well as by the National Institutes of Health. Because it is so much higher in antioxidants, Muscadine Grape Seed protects and restores Immune Function resulting in a wide variety of protection throughout the body.

Use four capsules a day, 2 bottles a month, for fighting cancer.

### **Whole Cell Beta -1,3D Glucan**

I didn't pay too much attention to Beta Glucan as an immune system supplement until a friend explained to me that not all beta glucan was the same. What you commonly find in health food stores and pharmacies is a split

cell brewer's yeast beta glucan that is inexpensive and not too effective. Oat beta glucan is preferred to this as it is less inflammatory. It turns out that the best, even better than the glucan in mushrooms, is a whole cell beta glucan from baker's yeast. It is an extract and does not tend to cause problems in people with yeast allergies. This beta glucan has proven to be one of the strongest immune system supplements in several studies - thus making.

The chemical structure of beta 1,3- glucan is dependent on the source and, based on extensive published research, it is widely accepted that the beta 1,3-glucan purified from baker's yeast (*Saccharomyces cerevisiae*) is the most potent anti-infective beta-glucan immunomodulator. Yeast-derived beta 1,3-glucans work, in part, by stimulating the innate anti-fungal immune mechanisms to fight a range of foreign challenges.

Researchers have reported that the orally administered beta glucan provided **tumor-protective** effects by statistically decreasing the size and weight of tumors removed from study animals.

Researchers at the Tokyo Dental College, University of Louisville and Biopolymer Engineering, demonstrated that mice in a colon cancer model treated daily with oral beta glucan after 21 days, had a 21 percent decrease in tumor weight and volume, compared with untreated mice in the control group. This certainly makes it a strong addition to a cancer fighting regime.

Peer reviewed literature from Harvard, Tulane, the University of Louisville, and Baylor agree. Properly manufactured **Beta glucan may be the best activator/potentiator of the immune system ever discovered.** Suggested usage is one 500mg capsule of this highest quality beta glucan for every 50 pounds of body weight.

AFA Blue Green Algae

AFA Blue Green Algae (A wild, fresh water blue green algae) consistently **increases energy levels** and gives people a greater degree of health. Like all nutrient dense green food concentrates, it helps the body detoxify and is an excellent **alkalinizer**.

It supplies small amounts of premium quality nutrients generally lacking from our diet -- virtually every nutrient in an energetic form that maximizes their benefits because it is harvested wild and processed correctly.

This supplement also has cancer killing abilities.

The Chicago Tribune, February 9, 1996 reported "Blue-green algae...has yielded a promising new family of anti-cancer drugs, researchers said Thursday. The compounds derived from algae have shown remarkable ability to **shrink** tumors in mice, enough to cure some animals, said Gregory Patterson of the University of Hawaii."

"Mice were implanted with cancer cells that cause **breast and prostate cancer** in humans and treated with **algae-derived compounds** called cryptophycins, which appear to **attack** the internal structure of **cancer cells**, blocking their ability to continue spreading. Patterson said."

There are other ways this algae may be of help with cancer.

Virtually every trace mineral is contained in it as it grows in a mineral rich lake. Trace minerals are needed for enzymes to function. If respiratory enzymes in your mitochondria don't have the trace minerals they need, they will be further impaired.

Containing high amounts of chlorophyll, it is an excellent detoxifier. Chlorophyll is thought to be especially valuable for dealing with cancer. Because its structure is very similar to hemoglobin, there are some who claim it may help transport oxygen. And being a concentrated green food, it is very alkalinizing.

Along with Oxy E, it has often been known to help **reduce the side effects of chemotherapy and radiation therapy**. And will not interfere with any medication.

It was one of the first living organisms on earth. The basis of life. Billions of years old.

Cellular biologists say that the enzyme system in this particular algae is virtually identical to the enzyme system in our cellular mitochondria. The mitochondria is what produces the energy in a cell. The respiratory enzymes it contains are what become damaged from lack of oxygen.

Another benefit of this particular blue green algae in fighting cancer is to **supply additional respiratory enzymes** to replace the damaged ones. Which would be important indeed, given Otto Warburg's research and his idea that to fight cancer you need to take respiratory enzymes. This algae is processed in such a way that its enzymes are alive and viable.

This algae contains a significant amount (about 3-5% by weight) of the essential omega-3 fatty acid linolenic acid. The essential fatty acids present in it were remarkably bioavailable and led to the accumulation in the



blood of EPA and DHA, two long chain fatty acids associated with brain function and cardiovascular health. In addition, it led to a decrease in the blood of the inflammatory fatty acid arachidonic acid.

This data suggests that this blue green algae may be a good dietary supplement to prevent deficiency in omega-3 fatty acids. Your cells need an adequate supply of omega-3 fatty acids to oxygenate properly.

### **Enhancing Natural Killer Cells**

In March 1998, an article was published describing the effect of this algae on the migration of Natural Killer cells. This study, performed by Dr. Gitte Jensen at Royal Victoria Hospital, affiliated with McGill University, demonstrated that this algae triggered within 2 hours the migration of nearly 40% of the circulating natural killer cells. (Which the body uses to destroy viruses and cancer cells.)

This study was **repeated** and **confirmed** the results obtained previously, and further revealed that this effect is seen only in people eating this algae on a regular basis. (This second paper appeared in the Jan '00 issue of the Journal of the American Nutraceutical Association.)

Suggested therapeutic dosages range up to about 15 grams a day for the most serious of conditions. Until one becomes healthy, at which point you cut back. Use about half as much for not quite so serious conditions. With both well known for providing an energy boost, blue green algae combined with Oxy E does a good job of getting people up and running again.

Start out using small amounts of the algae and work up to the larger amounts. It comes in two forms. Powder and in 500 mg tablets or capsules. If you are comfortable drinking it in liquids, the powder is the better choice as it is less expensive and soaking the powder in a liquid for several hours makes it even more potent. Tablets can be more convenient, though more expensive for a similar amount, and many people don't like the taste of drinking a concentrated green powder, .

People start out taking 6 to 10 tablets or capsules per day, about 2 to 3 teaspoons of powder. The 1 pound container of powder will supply a high therapeutic amount of 15 grams or about 9 teaspoons a day for a month, and is the most cost effective way to take this AFA Blue Green Algae. Two of the 500 tablet bottles will supply an equivalent amount. Or get just one of the 500 tablet bottles if you are not going to use the highest therapeutic dose but are going to take a normal therapeutic amount. And of course, the 130 capsule bottle can be used to try it out.

These products comprise the top tier of the **immune supporting** cancer fighting supplements. Below are additional immune system supplements that are very good for fighting cancer that would be a valuable addition in any cancer fighting program.

### **Carnivora**

Carnivora is a patented extract of the plant, Venus's-flytrap, developed 30 years ago by the renowned German oncologist Dr. Helmut Keller. On a trip to the United States, he marveled at it's ability to digest protein such as insects, without harming itself as it had no digestive system. He realized that compounds in it must have the ability to breakdown primitive, unshielded protein found in insects and microorganisms while leaving the more complex cells intact.

Being an oncologist, he knew that cancer is also a primitive cell with lots of irregular protein and he thought it might prove to be a valuable tool in the fight against cancer. So he started using it with patients, and found that it was indeed, very effective against cancer, along with being excellent for fighting viral diseases, bacterial infections, fungal infections and parasites.

It works in several ways. Not only does it contain compounds that digest primitive protein while leaving normal cells alone, but studies have shown that it contains nutrients that improve immune response, increase NK and macrophage cell production, activate and increase self-defense cells in the body, provide antioxidant support, stimulate lymphocytes, reduce inflammation and more. Studies show it has no toxic or mutagenic effects in the human body up to 4,500 times the daily dosage so it is completely safe.

The well-known alternative MD, Robert Rowen has been using Carnivora in his practice for years. He began using it after reading an article by Dr. Morton Walker detailing remarkable cures of life-threatening diseases with Carnivora. Dr. Walker estimated a *45% significant response rate* to cancer with Carnivora alone. Dr. Keller said the results are much higher with integrated approaches.

From what I have read about its use in Germany and now the US, it works excellently for early stage cancers, with success rates as high as **90%** sometimes reported when used with other products as part as an integrated

approach, but not as effective with Stage 4 cancer, *especially* if chemotherapy or radiation has previously been used. It is of no help with osteosarcoma.

Carnivora comes in capsules and as a liquid extract. Capsules are more mild, and can be used on their own. The liquid extract is expensive and is typically used along with the capsules where more serious support is needed. Therapeutic usage ranges from 6 to 9 capsules a day with more not necessarily being better. There are 100 capsules in a bottle. High doses of the liquid extract can be used, gradually increasing from 10 drops 3 times a day. The more serious the situation, the more is used.

Dr. Rowen reports that many physicians using Carnivora for Lyme Disease, are recommending using 20 drops six to eight times daily with a drop of DMSO taken with it to enhance absorption. Each bottle of the liquid extract supplies 600 drops. Carnivora has a short life in the body, around four hours, and works best when maintained in the bloodstream as consistently as possible. Carnivora is the *only* brand of Venus's-flytrap Dr. Rowen recommends as most others are diluted with problematic solvents while Carnivora is 100% undiluted and uncut.

Even though is Carnivora is very impressive and is well worth adding on to a cancer fighting regime, it didn't make my list of top products as the liquid extract is very expensive when used in high amounts. Plus it is not particularly successful when chemotherapy has been used, and may work best for early stage cancers. I suspect the top products would do a bit better for less money.

### **IP6**

**IP-6** and inositol are found in whole grains. They make IP-3. IP-3 is a key molecule responsible for cellular signal transduction, controlling vital functions including cell proliferation and differentiation. IP-6 can lose one or more phosphate (P) while inositol can gain them. Thus the combination of IP-6 and Inositol (a common B vitamin) yields more of the crucial IP-3.

The theory is: since all cancers, irrespective of their type and origin have a common defect of uncontrolled cell proliferation, IP-3 is a key regulator of cell growth and IP-6 & inositol yield IP-3, therefore, IP-6 & inositol **normalize the rate of cell division** in out of control cancer cells.

IP6 has been proven to **normalize the sugar production** of cancerous cells. This helps make them less harmful.

It has also been proven to **boost Natural Killer cell activity**. These are white blood cells that target cancerous cells with the intention of destroying them.

IP6 has been shown to greatly increase the amount of the p53 gene, up to 17 times in some experiments. The p53 gene acts as a policeman by preventing genetically damaged or cancerous cells from growing and propagating. In addition, tumors are known to be more resistant to chemotherapy when p53 is low.

IP6 also **inhibits inflammation**. Inflammation triggers the release of cytokines which are known to cause cancer cells to grow.

It is a potent **antioxidant**, much more potent than green tea. And it has also been shown to **enhance apoptosis** or cancer cell death, **reduce blood vessel growth** to tumors, and **inhibits metastasis** of cancer.

If you are getting enough inositol from whole grains in your diet, then supplementing with just IP6 may be enough.

The best IP6 supplement, **CellXcite**, contains both inositol and IP6 that has been bound to calcium and magnesium. These minerals keep IP6 from leaching other minerals out of the body. It has been shown to be *much stronger* than taking IP6 on its own. Best assimilated on an empty stomach, 2 capsules morning and night is the normal amount to take. A high therapeutic amount is 8 capsules morning and night. (Four bottles a month.)

### **AHCC**

AHCC is a superfood that has become close to being considered a mainstream cancer therapy in Japan with over 700 hospitals using it. There is a large volume of research into its benefits. It is extracted from a shiitake mushroom grown in rice bran extract. The extraction and fermentation process breaks nutrients into a small, absorbable size with a very low molecular weight. This allows it to be assimilated quickly by white blood cells. It contains a-glucans and other mono saccharides that improve and enhance the immune system.

Research has shown that AHCC increases NK cell activity by 300 to eventually as much as 800% over time by increasing the number of explosive granules they contain. It increases the number of cytokines that stimulate

cellular immunity and of T lymphocytes and macrophages. AHCC has been used extensively with chemotherapy to help reverse the suppression of immunity caused by the chemotherapy. It is recommended for any type of cancer and out of 100,000 patients, 60% have benefited to one degree or another. Reports are that it is particularly effective for liver, lung, stomach, colon, breast, thyroid, ovarian, testicular, tongue, kidney and pancreatic cancers. It reduces tumor size, inhibits metastasis and recurrence of cancer, and increases patients' survival periods. It has also shown itself to be excellent at reducing side effects from chemotherapy and improves quality of life and general well being for patients undergoing chemo. (Many of the supplements in this report will do this also.)

#### Estrogen Defense

A major issue to be dealt with in the hormonal cancers like breast cancer and prostate cancer is estrogen dominance. The excess production of estradiol in both men and women creates the problem of estrogen dominance which can lead to cell proliferation and DNA damage - a formula for cancer.

Estrogen Defense contains Indole - 3 Carbinol and DIM both of which are used to inhibit aromatase which would then reduce estradiol levels. Unfortunately, these two compounds are normally poorly absorbed. Estrogen Defense absorption levels are high because the Chinese doctor who formulated this product uses an old Chinese technique to increase absorption. Evodia, Chrysin, and Peperine are included for their absorption increasing abilities too. The other important ingredient is resveratrol from fermented grape seed and skin. Research is showing that it is an extraordinary aromatase inhibitor. A bottle a month of Estrogen Defense is well worth using for any breast or prostate cancer patient.

#### Immune Power Herbal Formula

This is a tea developed by an eminent Canadian university cancer researcher who was investigating the functional properties of some herbs in terms of cancer and **leukemia** (although no curative, preventive, treatment or diagnostic claims can be made for this herbal formula based on US law). It contains 15 different herbs in proprietary concentrations chosen because of their ability to kill cancer cells and to boost the immune systems ability to kill cancer cells.

I like this tea as the researcher behind its formulation optimizes it for cancer fighting. It provides another way to support your body's fight against cancer and works in ways that these other supplements don't. One cup a day for normal supplementation or 3 cups a day for therapeutic usage. One container contains 2 ounces of mixed herbs.

#### Cat's Claw

These are a couple of relatively inexpensive immune system supplements that are worth taking. Like some of these other products, they may not be able to get rid of cancer on their own, (though anecdotal reports indicate they sometimes can,) but as relatively inexpensive additions to a cancer fighting regime, they are excellent. Reports of successful use of Cat's Claw as a South American folk remedy for cancer prompted scientists in Germany, Austria, and Italy to take a closer look at it. Compounds in it called proanthocyanidins were found to inhibit tumor growth in animals in the 1970s. Studies at the University of Munich in 1985 found several alkaloids in it with significant immunostimulant activity. An Austrian research group found several alkaloids, including Cat's Claw, inhibit the growth of tumor cells in laboratory tests.

In Germany and Austria, standardized cat's-claw extracts have been given to cancer patients under a physician's care to stimulate their immune system. They have also been used in cases of rheumatoid arthritis, allergies, herpes infections, gastric ulcers, gastritis, and AIDS.

#### CLA

CLA is an essential fatty acid found in milk and meat. Unfortunately, while it is found in high levels in grass fed cattle and milk from grass fed cows, grain feed cows have much less of it. So much less you need to a CLA supplement to get enough of the stuff as grass fed dairy and meat is rare and expensive. And it is important in the fight against cancer.

A great many studies have shown CLA fights cancer in lab animals. In a recent study feeding rats small amounts of CLA shrank mammary tumors by 45%. Scientists added very small amounts of CLA to breast cancer cells growing in a culture. By the 8th day, the CLA had killed 93% of the cells. And a group of Finnish

researchers found that women who consumed the most CLA in their diets had a 60% lower risk of breast cancer than those who consumed the least.

Flax seed oil and cottage cheese has been used as a cancer fighting duo in Europe for decades with good success. A couple of tablespoons in some cottage cheese daily. Make sure you get it from the refrigerated section of a health food store as it goes bad if it is not refrigerated. Or if you grind the whole flax seeds in a coffee grinder, keep the ground meal in the refrigerator. Don't buy mail order because the shipping at room temperature will harm it. CLA does not need to be refrigerated.

### **ImmunoPro and RenewPro Undenatured Whey Protein**

Undenatured whey protein has long been known for its cancer fighting abilities. They can powerfully support the immune system with their immunoglobulins and lactoferrin, and they increase levels of glutathione which is the body's main free radical scavenger and a major agent in detoxification of cells. In addition they support cellular repair and are a very digestible protein source.

These are the *only* whey proteins on the market that are not a byproduct of cheese production which destroys immune factors. They are a low heat processed, medicinal undenatured whey protein easy to digest and assimilate and are excellent for someone with cancer needing additional **protein**.

Not only because of its digestibility. Because they are undenatured, and are the only whey proteins truly undenatured, they contain very high levels of lactoferrin and other immune factors that support the body's fight against cancer. ImmunoPro supplies 175 mgs of lactoferrin per serving and the less expensive RenewPro contains 125 mgs per serving. (There are 60 servings per container.) These are much higher levels than what are found in the typical whey protein supplements, enough to make a significant improvement in the functioning of your immune system. In fact, some very good and expensive lactoferrin supplements contain much less lactoferrin and are just as expensive. And with them, you don't get any of the other important immune support activity that is in these pesticide and antibiotic free whey products.

There is a whey protein that has a medical patent for use with cancer. ImmunoPro and RenewPro are even more potent and much less expensive.

One other important point. If you are needing additional nutrient support in a liquid form, or if you just need to get some sort of highly digestible protein into your body, after all, many people actually die from malnutrition with cancer, seriously consider the use of ImmunoPro or the less expensive RenewPro. You will get the benefits of the protein consumption. Plus, a whole lot of immune system components, and production of more glutathione in your body which helps to detoxify each and every cell. Each serving supplies 4 grams of protein. There is no reason why someone couldn't take 6, 8, 10 or even more servings a day if they needed to.

### **Cancer Fighting abilities of Goji Berries and Pomegranate-Noni Juice**

Over the last few years the alternative health community has discovered the remarkable health benefits of some exotic, health promoting fruit juices. Noni Juice, Xango from the Mangosteen fruit and Goji Juice have been the main three. From what I hear talking to users of these drinks, more Xango needs to be taken to knock out cancer than Goji or Noni. Goji has a range of 4 to 8 ounces a day, Noni at least 8 ounces daily and Xango at least twice as much is needed.

Most Noni juice and Xango have a lot of fruit juice added to them to improve the taste and reduce the cost. 40% or so is the amount I heard. While the Goji Juice is 98% Goji, and each batch is analyzed to confirm purity and usefulness so it has been my top recommendation. But recently I discovered a Noni Juice that was mixed in equal amounts with Pomegranate Juice that I like very much. Pomegranate is noted for its cardiovascular improving and cancer fighting abilities.

Research shows that it fights all cancer but especially targets estrogen based cancers like breast cancer and prostate cancer. In addition studies show that it is effective against lung cancer and skin cancer. Pomegranates are a source of ellagic acid and you can obtain it in powdered form in the **Ellagic Formula with Graviola**. According to master herbalist Donald Yance in his book HERBAL MEDICINE, HEALING & CANCER, ellagic acid "inhibits cancer formation and is believed to inhibit cancer mutation by latching onto DNA-sensitive sites on the genetic material that might otherwise be occupied by harmful chemicals. **Ellagic acid is particularly effective in the inhibition of lung cancer caused by tobacco.**" Pomegranate contains anthocyanidins and proanthocyanidins, which have been shown in experiments to reduce tumor angiogenesis.

Over the last decade there have been many reports of people overcoming cancer, even serious cancers sometimes very quickly, by taking lots of Noni Juice. It supplies several types of nutrients that help out in the fight against cancer. As with any of these safe whole food natural supplements, you can't take too much. So I like the combination of **Pomegranate-Noni Juice**.

**Goji Juice** works in a different way than these other juices, supplying immune boosting polysaccharides. It is also exceptionally energetic. Thanks to a French researcher in the 1930's, Antoine Bovis, some people can measure the "life force" or "natural earth energy" present in water, plants, rock formations and the like. Ranging from zero to infinity, those trained in the required intuitive methods can assign a "Bovis" value to whatever they measure. For example, human beings show a reading on the Bovis scale of 6,500.

Scientific research has correlated the clockwise or right spin of atoms and molecules with a Bovis reading above 6,500 is essentially energy invigorating or enhancing to us.

FreeLife's "Himalayan Goji Juice" shows a reading of 355,000 ... the highest reading that many health professionals have reported ever receiving. Some recorded Bovis energy ratings: Noni Juice 17,000, Sea Silver 24,000, Limu 54,000, Himalayan Goji Juice 355,000.

The Hertz Energy Scale is named for the German physicist Heinrich Rudolf Hertz (1857-1894), who proved in 1887 that energy is transmitted through a vacuum by electromagnetic waves. It is another way to measure the energetic quality of a product. Some recorded Hertz energy ratings: Noni Juice 0 - 500, Sea Silver 2,000, Limu 2,000, Xango 3,000, Himalayan Goji Juice 6,000.

Goji berries are exceptionally nutrient dense, and their antioxidant and immune boosting activities have proven to be valuable for cancer.

Goji berries are the richest source of carotenoids of all known foods. They contain 500 times the amount of vitamin C, by weight, than oranges. They also contain polysaccharides which fortify the immune system. A polysaccharide found in this fruit has been found to be a powerful secretagogue (a substance that stimulates the secretion of rejuvenative human growth hormone by the pituitary gland).

Goji berries have been traditionally regarded as a longevity, strength-building, and sexual potency food of the highest order. In several studies with elderly people where the berry was given once a day for 3 weeks, in 67% of the patients T cell transformation functions tripled and the activity of the patients white cell interleukin-2 doubled. In addition, the results showed that in everyone, spirit and optimism increased significantly, appetite improved in 95%, 95% slept better, and 35% partially recovered sexual function.

The most cost effective way to get your goji nutrients is to get a special brand of handpicked **Goji Berries** from deep in the mountains of Tibet. Not only will they provide the polysaccharides for fighting cancer, but this particular brand is extremely high in antioxidants. *100 berries have a tested ORAC antioxidant capacity of 25,000 to 36,000.* These are very high numbers, much higher than any of the juice drinks out there. And beats the top antioxidant berries too. Each batch that comes in is tested to insure its high quality.

### **Energizing the Thymus Gland**

The thymus gland controls the immune system. It is most active in children and becomes less active and smaller as we age. I read of a study where a group of 55 people with inoperable oat cell lung cancer were given thymosin, a thymus hormone. Survival time doubled and 21 people given very high amounts were alive 2 years later.

Experts seem to feel that it works best for age related cancers like kidney, lung and prostate. Pituitary cancers have also been helped by use of natural thyroid hormones in some people with low thyroid levels. Check with your doctor on whether he thinks these hormones might be of benefit to you. You can read more about this in a book by Stephen Langer, M.D. called *Solved: The Riddle of Illness*.

Boosting the thymus gland naturally is going to help the immune system fight cancer. Here are a two things that can help you can do just that.

Wear an **Energized Medallion**. It was designed to energize the thymus. A small glass oval, it is filled with the high energy gel (more on this later), that when worn over the thymus, puts that energy into the thymus. Some users report an almost immediate improvement in energy and sense of well being. Or you can...

Another way to increase the activity of the thymus gland is to take a **liquid colostrum whey** product. This contains a concentration of thymic immune factors found in bovine colostrum, and helps to boost the immune

system because of these factors. You would want to take large doses to get as many of these immune factors as possible. Take two to three tablespoons a day the first month, 6 to 9 bottles worth, and less after that.

#### Cancer Weakness #5: Kill Candida & Other Fungal Infections

##### Total Immune Booster

I selected this as my top candida and fungus fighting product because it fights cancer in several other ways as it kill all types of fungal infections. That's because it contains a formulation of live friendly organisms from fermentation. Live **lacto-fermented** foods are noted for their cancer fighting abilities which has been proven beneficial in several studies. They put a multitude of good bacteria into your guts that you are not getting from anywhere else.

Live fermented foods *do not* include the typical pickles, sauerkraut and yogurts. These were fermented and then pasteurized or had vinegar added to kill the bacteria. They do include live fermented sauerkraut and pickles like in the Rejuvenation products and fresh Kefir.

Live yogurt contains transient beneficial bacteria that keep the digestive system clean and provide food for the friendly bacteria that already are present. However, organisms from kefir and other types of live lacto-fermented foods actually colonizes the intestinal tract -- a feat that yogurt cannot match. And they are much more aggressive at getting rid of the bad bacteria and candida in your guts.

An excellent way to get these fermentation organisms is to take a unique, patent pending probiotic formulation, **Living Grains**, found in a supplement called **Total Immune Booster**.

Living Grains is a combination of 67 organisms found in lacto-fermented products, grown together in a colony before being made dormant. When they activate in your intestinal tract, they form a cohesive colony of friendly organisms that kill off bad bacteria and fungus, and are much more effective than other probiotics at recolonizing the intestinal tract. Just like eating live fermented foods with the addition of some soil organisms. There is plenty of research showing the cancer fighting capabilities of live fermented foods.

In addition Total Immune Booster has a patented garlic allicin extract, AlliMax. Allicin is the most important, the active ingredient in garlic, AlliMax is the best way to get allicin from a supplement because most garlic supplements cannot effectively create allicin. This is allicin already. Garlic has had a long history of being excellent to take for fighting cancer.

In fact, no other food is more mentioned in the literature for its cancer fighting properties. Plus the Allimax will kill candida and other funguses throughout the body. Just be sure to double or triple the usual dose of a bottle a month till you get the results you want.

Total Immune Booster also contains small amounts of a couple of other nutrients mentioned in this report, whole cell beta glucan and Wolfberry (Goji berry). And a bit of Swedish Flower Pollen which works on the immune system in other ways. Whether you want the probiotic formulation or the garlic, it's worth considering taking this as one of the basics of good health.

##### Cancer Weakness #6 - Reduce Levels Of Toxicity

There are three types of detoxification to be done, cellular detoxification, intestinal detoxification and a more general body detoxification in which we will include heavy metal detoxification. There is some crossover here, any detoxifier will work in more than one way. And remember, it is very important to alkalinize the body as that *must* happen before a great deal of detoxification can be done.

In addition, it is important to avoid exposure to toxins, chlorinated water and the multitude of toxins we are exposed to in our foods, in the air we breath in our homes and in our personal care items. You already have too many toxins inside you and don't need any more. Before we Let's start by introducing you to a product that replenishes your body's main cellular detoxifier and anti-oxidant, glutathione.

##### Glutathione PleoLyposome

Whenever you have a build-up of toxins in your body, as you do with cancer - and especially if you have had or are receiving chemotherapy, the glutathione levels in your cells and liver become depleted and toxins build up in your body. This is because glutathione is your body's primary cellular detoxifier and antioxidant. Your liver's too. Depleted levels always occur with chronic ill health situations like cancer.

Glutathione is an amino acid and thus is readily available in vitamin form. Unfortunately, especially so for something this important, free glutathione as a supplement is not absorbed by your cells. Whether you take it in pill form or via injections, almost none gets into your cells or the liver. For years health practitioners have tried

to come up with a way to get glutathione back into glutathione depleted cells. The only solution available until Glutathione PleoLyposome was developed, was to consume undenatured whey protein like Immuno Pro or Renew Pro. The amino acids in this type of whey can be used by the body to make glutathione. However, this process works slowly, and requires that you be able to properly digest the proteins, which all too often doesn't happen.

Glutathione PleoLyposome has changed all this. I consider it a real breakthrough in cancer therapy - or any other therapy where toxins must be eliminated from the cells, like autism, Parkinsons, MS, and other autoimmune diseases. In it, glutathione has been bonded with a pure high quality essential phospholipid of Omega 3s and Omega 6s in a four to one ratio. That's good in its own right. Because this phospholipid is identical to the composition of your cell walls and blood brain barrier, it is very well absorbed into your cells. This enables the glutathione to be directly carried into your cells with virtually 100% absorption. Using Glutathione PleoLyposome, you can more rapidly and effectively detoxify your cells then you can with any other product.

It is expensive, and the more you use, the faster the results. There are 12 teaspoons of liquid in a bottle. While you may use one teaspoon a day for normal preventative use, it is recommended that three teaspoons or a quarter of the bottle be used therapeutically for at least four days out of the week, and as much as half a bottle a day can be used in life and death situations where it would be valuable to use.

The next two products will help clean the colon. A colon full of putrefied and rotting food and fecal matter will certainly overload your body with toxins and be a contributing cause to cancer.

#### Maximum Digestion

Max Digestion has a patented combination of minerals and vitamin peptides that, because of the unique way they are combined and used in this formulation, cleanse the walls of the intestinal tract and heal the intestinal lining so that you can absorb more nutrients.

The whole intestinal tract in most people becomes coated with a combination of mucous and a sludge of undigested food (or fecal matter in the large intestine and colon.) Often there can be twenty pounds of this stuff or more clogging up the intestines. This matter irritates the intestinal wall, reduces digestion as it coats the wall and covers the villi in the small intestine that are supposed to be absorbing your food, and releases toxins from the putrefied food and fecal matter that are reabsorbed back into the body.

The minerals in Maximum Digestion are formulated to act with water to form a washing solution that gently cleanse the intestinal walls of the gook coating it. (And in addition help improve pH balance.) The vitamin peptides in it, special vitamins such as glutamine combined with vitamin C so that they work more effectively, repair the intestinal villi and to restore the health of the intestinal lining.

This gives you two fundamental benefits, detoxification and improved nutrient absorption, both of which are vital for fighting cancer. It will eliminate constipation if you have it, and even help end food cravings and food allergies as it heals the intestinal wall.

Most colonics only clean a few feet of the end of the colon. Maximum Digestion cleans the whole digestive tract, from the small intestine down. It is a superior solution for cleaning the intestines. Consider using a good probiotic formula like the **Total Immune Booster** to round out the regeneration of a healthy intestinal environment.

#### Para Cleanse & Colon Booster

The creator of these two herbal formulas found that they worked together to make a powerful colon cleanser. Not only are they highly effective for getting rid of the toxins in the intestinal tract, but there are some well-known alternative cancer healers who say that everyone with cancer has parasites. This makes sense. Any time your immune system is overwhelmed and your body chemistry is off, and it is or you wouldn't have cancer, you're bound to have pathogens of all types residing in the body. Candida, viruses, parasites. Para Cleanse will fight the parasites. You can use it even if you are not sure that you have parasites, won't hurt a thing. And you are most likely to have parasites. This combination will not be as gentle as Max Digestion but will do more cleaning.

If you are already are taking a parasite killer, the combination to get is the **Whole Body & Colon Program**. The herbs in the Whole Body Program work on detoxifying and supporting detoxification throughout your

body. And the Colon Program is even more effective than the Colon Booster as a stand alone product for the colon. (Colon Booster works better with Para Cleanse.)

**Oxy E** and the **AFA Blue Green Algae** are potent detoxifiers. Taking high doses right from the start can overload the liver and kidneys, the core of the detoxification system in the body. So start with small amounts of these two products to reduce detoxification side effects. You would be able to increase amounts more quickly if you were taking the following two products.

Supporting the liver and kidneys will help to minimize detoxification side effects and be a significant help in detoxifying your body. The kidneys flush waste water full of toxins from the body. Every muscle, organ, bone and tissue you have depends on the kidneys to keep them free from corrosive salts and chemicals. The liver filters and cleanses the blood, breaks down toxic substances, and tries to deal with the overwhelming amount of chemicals and toxins we are exposed to.

**Liver Balance Plus** and **Kidney Rescue** are herbal formulas that are designed to work together to support the function of these two organs. You will be able to get rid of more toxins, and reduce the side effects of detoxification, when you take these two support products. In fact, if you are embarking on a cancer fighting program which will detoxify your body, taking both the Liver Balance Plus and the Kidney Rescue at the same time will help you avoid some of the potential detoxification symptoms that often result from a detoxification program. This would enable to more rapidly increase the amounts of the cancer fighting supplements to a therapeutic amount.

For more extensive detoxification, consider some of the following products...

### **Esdifan**

Esdifan capsules contain zeolite. Zeolite is a mineral that has a honeycomb shape that traps toxins in it then naturally passes them out of the body. Zeolite is one of the only negatively charged minerals in nature. This means it actually acts like a magnet to toxins, attracting them to it, and then pulls them out of the body without overloading the body's detoxification system. Zeolite is especially good at pulling out heavy metals and radioactive chemicals.

If you are suffering from diarrhea or nausea from chemotherapy or radiation therapy, Esdifan can make a big difference to improving how you feel and your quality of life. Plus it will help you detoxify toxins from the chemotherapy and radiation, reducing their side effects.

There has been research showing that zeolite has some strong cancer killing and anti-pathogenic qualities also. So it may be much more than just a detoxifier when it comes to fighting cancer.

The more you detoxify, the better, when fighting cancer. Esdifan usually *won't* overload your liver or cause detoxification symptoms so you can take as much as you want and it will only be of benefit. It works so well it is even used to reduce or prevent hangovers as it is the toxins in the liquor that cause hangovers and Esdifan gets rid of those toxins fast. There are 90 capsules in a bottle and you can use 9 to 18 a day, or more, to stop diarrhea, detoxify, and attack cancer cells - or as little as 6 a day as a moderate amount to take when fighting cancer.

### **"Magnetic" Clay Detox Bath Kits**

These detox kits are called "magnetic" clay because they literally pull toxins out of the body into the bath water. They can be used in foot baths or packs too if someone is not able to get into a bath, or is very weak and must detoxify very slowly.

Tests have shown that these baths are much more effective than chelation therapies at pulling heavy metals out of the body. They do a **superb** job of getting out the metals, chemicals and other toxins that usually are a factor in the development of cancer. (Remember Otto Warburg explained that it was a toxic buildup that led to the low oxidative state in the first place.)

Mercury is particularly dangerous because mercury vapor is more than a thousand times more likely to bind to the oxygen receptors on red blood cells than oxygen is. Each red blood cell has four oxygen receptor sites to grab oxygen and carry it to the cells. If you have much mercury vapor in your body at all, the mercury vapor fills some of those receptor sites, and not as much oxygen can be sent to the cells. And poor cellular oxygenation, leads, as you know, to cancer.

**Dental amalgam fillings** are over half mercury, and give off mercury vapor constantly. In the Seventies when the price of silver skyrocketed briefly, the percentage of silver in the fillings decreased from about 30% down to



about 4% and copper increased from about 4% to about 30%. Copper is not nearly as inert as silver is and produces much more mercury vapor (and toxic copper vapor) to be released. Getting rid of the mercury in your body along with the other toxins may be of vital importance for cancer prevention and reversal.

Many vaccines contain large amounts of mercury. I often wonder when I hear of children with cancer, if it was **vaccines** or **dental amalgam fillings** that contributed to the cause. Mercury also greatly disrupts the immune system, and is usually found where there are candida and other fungal infections.

In these clay bath kits, different herbs are combined with a special bentonite clay to pull out chemical and metal toxins. Simply mix the clay with the herbal formula into a tub full of moderate temperature water. One bath may rid years of accumulated toxic chemicals and metals, but as you have lived many years, you will need a series of baths.

The clay provides a large negatively charged surface area in proportion to volume. When mixed into a tub of very warm water, the clay opens the pores of the skin and has a magnetic 'pulling effect' and draws out many times its weight in positively-charged toxic particles.

The **Dental Mercury** kit is designed to get rid of mercury.

The **Environmental** kit is often suggested for cancer. It is designed for pollutants, insecticides, pesticides, vaccination poisons, industrial pollution, chemical warfare, and almost all chemicals including food additives, chlorine, etc. Very helpful in radiation and lead detoxification. The next bath does a bit more with metals.

The **Tox-Away** bath is for general detoxification of metals and chemicals including industrial pollution, toxic water and air, smoke inhalation, burns, chemical burns, chemical warfare, pesticides, insecticides, etc. The metals and chemicals for this bath are environmental toxins, mercury toxins aluminum toxins, chemical toxins, insecticides/pesticides, lead, and vaccination toxins.

Use the **Clear-Out** detox kit for a general overall detox. Use this if you are not sure which kit to get.

Smokers or ex-smokers may want to use the **Smoker's Cadmium** formula which assists in removing toxins found in cigarette smoke (cadmium), tobacco, smoke inhalation, etc. It is effective to release toxic substances found in tobacco such as tar, hexavalent chromium, hydrogen cyanide, nicotine, lead and arsenic. This may help someone stop smoking. Some people literally lose the urge to smoke after taking a bath.

For someone seriously ill, smaller amounts are suggested so a single kit may provide 10 or more baths taken 1 to 3 weeks apart, and the clay dissolving agents may not be needed. The kits are inexpensive as they last a long time and well worth doing. They can be used as a foot bath if a full body bath is not possible.

### **Heavy Metal Screening Test Kit**

Not sure if you have elevated levels of heavy metals? There is now an accurate, inexpensive and easy to use home test that will tell you within a few minutes if you have elevated levels of heavy metals. It won't tell you which ones you have too much of, but it indicates how high the overall levels are. As any and all heavy metals cause free radical damage and mineral malabsorption, it doesn't really matter which ones you have elevated. You need to reduce their levels if they are elevated.

Using technology that has been around 75 years, this test has been evaluated and proven accurate and reliable by numerous experts and is even suitable for clinical use. Just be sure not to take any mineral supplements or drink wine the day before the test as that would skew results.

If you have elevated levels, consider taking Bio-Chelat as it works on detoxifying all heavy metals along with one of the clay bath detox kits or Esdifan. You can't detoxify too much and we all have too many toxins in our bodies.

The other thing you need to do is to stop putting toxins in your body. Or greatly reduce the number. Excess toxicity is intimately connected with cancer. Here are some products that help you do just that.

### **Photo Catalysis Air Purifier**

Another aspect of detoxification is to reduce exposure to cancer-causing toxins. That's one reason why organic foods are better for you to eat. And as the volatile organic chemicals outgassed by paneling, plywood, carpeting and vinyl (which make up a good deal of most homes) are toxic, and may cause or contribute to the overload in your body that caused cancer, it makes sense to get rid of them. Without tearing up your house. The way to do so is to use a PhotoCatalytic Air Cleaner.

It's not an air filter. What it does is oxidize organic odors, germs, and fungi in a 350 sq. ft., 750 sq. ft. or 1500 sq. ft. room. In nature, air purification is performed by UV light from the sun and ozone produced by thunderstorms.

This unit uses ultraviolet light, safe low-levels of ozone, and negative ions to purify the air. The most important part of this process is a catalyst made from titanium dioxide, that when activated by the UV light, generates hydroxyl radicals and super oxide ions. These work faster on molds and fungus than ozone alone, and **destroy** even the most difficult *volatile chemicals*, literally turning them into carbon dioxide and water vapor. Research shows it is very effective on formaldehyde. And is more effective than ozone on virtually any bacteria and virus. The research on this technology is extensive (developed by NASA) and shows it to be very effective. It will even kill black mold in the house.

These units are compact in size, 10.5" tall and sleek in design. They make no sound. You can travel with them. No filters or plates to clean. Clear any room of smoke and odors in minutes and gets rid of the VOCs too. It is worth considering, especially if you live in an area of high air pollution or a newer house still outgassing a lot.

### **5 Elements Shampoo, Conditioner and Scalp Detoxifier**

Another way to prevent some toxins from entering your body. These salon quality shampoos and conditioner are designed to detoxify and rejuvenate your hair and scalp. They work so well they are marketed as the Morocco Method for stopping and reversing hair thinning in 30 days. These are the *only* shampoos and conditioner I know of which have no chemicals in them. You will be able to read every name on the ingredient list. They are organic and safe. Using them will eliminate the unhealthy chemicals other shampoos and conditioners put into your scalp. When you are dealing with cancer, the more toxins you can prevent from entering your body, the better off you will be.

With ingredients like clay and algae, they don't look, smell or suds up anything like ordinary shampoos and conditioners. But they work better and are much healthier. If you are dealing with a brain tumor, also consider using their clay based scalp detoxifier. It will pull toxins out of the scalp, and may also help with getting rid of radiation treatment side effects. They also have a safe and excellent styling gel if you use such a thing. By the way, these shampoos weren't made by some health nut who just threw a bunch of stuff together. Anthony Morocco cuts the hair of the stars (and other wealthy clients), and before he released his line of products to the public, his clients were the only people using these products. There is nothing better. They are unlike any shampoo or conditioner you have used, they have to be if you're going to have something of superior quality, a step above the rest.

### **Coral White ToothPaste**

Even most natural toothpastes still have ingredients that you really don't want in your body. Fluoride and Sodium Lauryl Sulfate to name a couple of major toxins. That's why I was pleased when I found Coral White. Its main ingredient is coral calcium, and it is chock full of other good for you cavity fighters and teeth whiteners and doesn't have anything toxic in it. Plus the coral calcium in it has been shown to help remineralize teeth.

### **The Hideous Hiatus Hernia Video**

In the Hideous Hiatus Hernia video, Dr. Jack Richason explains what a hiatal hernia is. If you have one, the top part of your stomach is pushed up into your chest cavity, and you develop GERD and the like. At the very least, it can lead to excess toxicity from poor digestion. *When cancer clinics south of the border test patients to see if they have hiatal hernias, every patient does.* That is a pretty strong connection to cancer. A hiatal hernia disrupts food digestion to such a degree that the body is flooded with toxins from undigested foods.

In this video Dr. Richason shows you how to pull a hiatal hernia down, and how to keep it down. While you can do some of this yourself, you'll likely need to have someone pull it down. The video will show a friend, or any health professional who works with their hands, how to do so.

### **Cancer Weakness #7 - Free Radical Scavengers (And Cancer Killers)**

In this category we cover some strong cancer fighters, that can do a job on cancer. Let's start with

### **Ellagic Acid Formula with Graviola**

A few years ago an acquaintance told me story after story of people with cancer experiencing quick and dramatic improvement in their condition using Ellagic Acid.

A woman with **stage 4 breast cancer** virtually going into remission in two weeks. That kind of thing. Even a story of someone reducing their extremely high blood pressure down to normal in 10 minutes or so while at her doctor's office. Now I don't know why it brought down blood pressure so fast, but there has been a great deal of research showing that Ellagic acid has potent anti-cancer properties.

The Hollings Cancer Center has conducted extensive research on Ellagic acid and they have been very impressed with what they have discovered. In fact, they are now doing a double blind study on a large group of 500 cervical cancer patients. Their past nine years of study have shown that ellagic acid is causing G-arrest within 48 hours (inhibiting and stopping mitosis-cancer cell division), and apoptosis (normal cell death) within 72 hours, for breast, pancreas, esophageal, skin, colon and prostate cancer cells.

Clinical tests show that ellagic acid prevents the destruction of the p53 gene by cancer cells. Additional studies suggest that one of the mechanisms by which ellagic acid inhibits mutagenesis and carcinogenesis is by forming adducts with DNA, thus hiding binding sites on the DNA from the mutagen or carcinogen.

Dr. Daniel Nixon, MUSC, began studying ellagic acid in 1993. His recently published results show:

- \* Cervical cancer cells - HPV (human papilloma virus) exposed to ellagic acid experienced apoptosis (normal cell death).

- \* Ellagic acid leads to G1 arrest of cancer cells, thus inhibiting and stopping mitosis (cancer cell division).

- \* Ellagic acid prevents destruction of the P53 gene by cancer cells. P53 is regarded as the safeguard of mutagenic activity in cervical cells.

- \* Tests reveal similar results for breast, pancreas, esophageal, skin, colon and prostate cancer cells.

Ellagic acid has also been shown to **inhibit** the initiation of **tumors** in many types of cancer. It acts as a scavenger and binds to cancer causing chemicals to make them inactive. It even prevents their binding to DNA and thus has been shown to *reduce* the incidence of cancer in human cells exposed to carcinogens.

There have been many people with cancer who have been helped considerably by the use of high amounts of Ellagic acid. This particular supplement has the highest amount of Ellagic acid I could find, and also contains many other antioxidants which have proven anti-cancer properties. These are:

**OPCs** from grapes seed extract and **Resveratrol** from the grape skin both have been shown to be quite potent. Resveratrol in particular has been heavily researched. Not only does it inhibit the growth of cancer cells, but it causes cancerous cells to **revert** back to normal and helps prevent them from turning cancerous in the first place.

**Green tea** extract, which has long been known to fight cancer and heart disease. In addition the formula contains recommended amounts of most of the major antioxidant vitamins including **Selenium** and **Vitamin E** which protect against cancer and heart disease.

How well does this formula work?

No one can say if it will work for any particular person, but I spoke with a health food store owner who has seen it help many customers.

In fact, she says she has never seen *anything* work better against cancer.

She tells of the story of a 90 year old man with **prostate cancer** which had spread to the **bones**. On his own he started taking 21 capsules a day, 6 being the normal amount so as usual for the best results significantly increase how much you take. In a few months his cancer was **gone**. He is alive and in good health 3 years later. Not bad for a 90 year old man.

To make this formula even better, recently an extract from a rainforest tree was added. **Graviola**. There is a very interesting story behind Graviola. In 1976 a billion dollar drug company started investigating Graviola's cancer fighting properties. Incredibly, they found phytochemicals in it to be:

**10,000 times more toxic to colon cancer cells than a common chemo drug**

Lethal to 12 different kinds of malignant cells, including lung, prostate, and breast cancers

Extremely safe as it protects healthy cells instead of killing them

Something that *doesn't* cause extreme nausea or hair loss

A treatment that doesn't make cancer patients drop huge amounts of weight, get weak, or compromise their immune systems

So what does this drug company do? They found two phytochemicals in Graviola that literally **destroy** cancer cells. Without harming healthy cells. And, extracts actually **boost** immunity!

Does the drug company tell the world? Nope. Instead, the company sends researchers into the lab to isolate the natural chemicals so they can crank out a patented, prescription version of the drug. They do this for **seven years** before they finally give up... the synthesized version just wasn't working. (And you can't patent natural compounds -- it's against the law.)

So what do they do next?

Instead of publishing their findings, they box up the research and put it away to collect dust.

However, news about the research on cancer was out, and research on Graviola did continue, though it looks like it took a couple of decades for it to do so. Purdue University, funded by the NCI and NIH, has done a good deal of research on this. In 1997 they reported that the Amonaceous acetogenins found in Graviola: *"not only are effective in killing tumors that have proven **resistant** to anti-cancer agents, but also seem to have a special affinity for such resistant cells."*

These cells resist drugs by developing a pump that pushes the drug out the cell before it can kill it. Graviola inhibits the production of ATP so that cells cannot produce as much energy. While this may does not cause a problem in normal cells, it wrecks havoc on the cancer cells with pumps because of their high energy requirements.

All in all, some remarkable phytonutrients are found in this Ellagic acid with Graviola formulation that do a very good job on cancer.

S.O.D. Super Oxide Dismutase with Catalase

The two most important free radical scavengers your body has are glutathione and SOD, with SOD being the most important. Consequently, Glutathione PleoLyposome, if it wasn't such a good detoxifier, would be included in this section. SOD, being the number one free radical scavenger in your body, would be available in every health food store and vitamin shop if it was easy to take orally. It has not been so. Like glutathione, it is easily and usually destroyed by the digestive process and the liver when taken orally. And now, like Glutathione PleoLyposome, it is micro-encapsulated using nano technology that hides it inside phosolipids that your cells readily absorb.

It fights Super Oxides. A super oxide is an oxygen molecule minus an electron. Because it pulls electrons from other molecules, it causes a great deal of oxidative damage. Dismutase's (the D in SOD) primary function is to interact with the super oxide and make it whole again by donating it an electron. This stops it from causing more damage. When it does so, it creates hydrogen peroxide - which is also a free radical though not as powerful. So catalase is added to this formulation because catalase will stop hydrogen peroxide from acting as a free radical.

This particular form of SOD is thus of much value in fighting cancer as free radicals certainly are implicated in cancer. And being the body's number one free radical scavenger, nothing will work better than it as a free radical scavenger. One bottle is a normal amount to use for a month. Use more as needed.

EAQ10

Testing for ORAC (antioxidant value) of various supplements lead to the discovery that CoQ10 is not an antioxidant, having a 0 ORAC value, but is a pro-oxidant, carrying oxygen to cells to produce ATP. ATP powers the mitochondria at the cellular level. EAQ10 was developed to have both pro-oxidant and antioxidant activity while keeping it less expensive than CoQ10.

EAQ10 contains a stable, enteric coated form of ATP to provide energy. It is also researched to be highly effective in assisting oxygen uptake to the cells. Plus it contains proven antioxidant ingredients, queerest, flax seed oil powder, cat's claw, grape seed extract, alpha lipoic acid, NAD and lycopene extract. This gives it a remarkably high ORAC value of almost 6500 per daily dose of two tablets... equivalent to roughly 12 servings of fruits and vegetables. 200,000 per bottle.

If you are looking for the best antioxidant support and increased oxygenation also, EAQ10 would be a most useful supplement to take.

Protein 8 in 1 Greens

Similarly, if you are altering a diet to be more alkaline, with more greens into it, you may be using or want to consider using a green drink. It is a convenient way to get a lot of green, nutrient rich food into a diet for added nutrient support.

This is a green drink that gives you more. Each 30 gram serving gives you 10 grams of protein from pea protein isolate along with 7 grams of organic barley grass powder. You get 5000 mg of a fiber blend of organic oat beta glucan and rice bran, 3500 mg of organic beet, carrot, broccoli, cauliflower, spinach, parsley and tomato juice powder, 2000 mg of chlorella and spirulina, non gmo lecithin and glutamine to help repair the intestinal wall.

**Even more important it contains an antioxidant blend of fruit extracts that supplies a very high 9690 ORAC antioxidant units.** To improve digestion, it contains a probiotic blend, an enzyme blend, and a tumeric rhizome extract with organic aloe vera leaf extract. For a green drink, it tastes very good, and the container is very large, 750 grams. This is over twice the size of most green drink powders, making it an excellent value.

### **Emulsified Vitamin D Forte**

There is a lot of research showing that vitamin D is important for fighting cancer. And that the lack of it may contribute to cancer. The fact that there is more cancer in the higher latitudes has been attributed to weaker sunlight producing less vitamin D. Vitamin D has been used to prevent and treat breast cancer, prostate and other cancers. 2000 IU is the minimum you would want to be taking.

Some health practitioners recommend 4000 to as much as 10,000 units a day when dealing with ill health situations. If you are in the lower latitudes and are out in the sun quite a bit, you may be getting enough Vitamin D. Or if your taking plenty of cod liver oil. Most of us don't get near enough. Emulsified vitamin D is the best source in a supplement because of its increased absorption and assimilation. Also, it is very easy to take. One drop supplies 2000 IU.

### **Raspberry Seed Powder**

Raspberry Seed Powder supplies ellagatannins what can be transformed into Ellagic Acid. If you want to Ellagic Acid in a capsule form without the other antioxidants and graviola that is found in the Ellagic Formula with Graviola, this is the product you want. I have heard that even one bottle a month of this has been enough to stop cancers for some people, though I suspect that two or three bottles monthly would be more effective.

### **Green Tea Extract (And Black Tea Extract)**

Green tea is a very well know and powerful cancer fighter that is quite useful to add to any cancer fighting regime. There is a great deal of research showing that the polyphenols (catechins) in green tea are powerful antioxidants that protect cells from cancer, and can actually kill cancer cells.

Epigallocatechin gallate (EGCG) is the most powerful catechin found in green or black tea. It is estimated to be 25-100 times more potent than the vitamins C and E. One cup of green tea has antioxidant effects that are greater than a serving of broccoli, spinach, carrots, or strawberries. EGCG was shown in several lab studies to kill cancer cells without harming healthy tissue. It can also lower LDL (bad) cholesterol levels, and inhibit the abnormal formation of blood clots.

With the wide general knowledge about the great value of green tea, I had not even considered including it in this report until I learned something that surprised me greatly. **Tea leaves accumulate more fluoride (from pollution of soil and air) than any other edible plant.** It turns out that fluoride in tea is much higher than the maximum level set for fluoride in drinking water of 1 mg per liter. Studies from the 1990's showed a daily fluoride intake in tea drinkers of between 5.8 mgs and 9 mgs a day from tea alone.

Unions representing Environmental Protection Agency employees and other public health professionals have asked Congress to impose a nationwide moratorium on drinking water fluoridation programs and called on EPA to set a goal of reducing the amount of fluoride in drinking water based on evidence it is associated with cancer. The unions' request is based on "startling and disturbing new information" that a Harvard University study shows a connection between fluoride and osteosarcoma, a rare type of bone cancer that afflicts young boys. Even more insidious to the general population is fluorides aluminum connection. Your body does not readily absorb aluminum. But fluoride combines with aluminum to form aluminum fluoride, which is much more easily absorbed by your body.

Once in your body, the aluminum combines with oxygen to form alumina -- the compound of aluminum that is found in brains diseased with Alzheimer's. By drinking a lot of green or black tea, you could be setting yourself up for Alzheimer's.

**If you are drinking green tea to fight cancer, the healthiest thing to do is to switch to a special fluoride free green tea extract.**

It will save you money and give you several other benefits.

This special Green Tea (or Black Tea) extract contains -based on independent testing - *no detectable levels of fluoride or other heavy metals*. No caffeine either.

As an additional benefit, one study found that you absorb more antioxidants by using a green tea extract you do by drinking cups of green or black tea. Even though the black and green teas had more polyphenols than the extract that used in this study, more polyphenols were absorbed into the body with the extract.

With these extracts the absorption would be much higher because the unique extraction process used to make these special tea extracts *enhances the concentration of polyphenols*. Each cup of the Green Tea Extract has 80 - 100 mg of polyphenols. Much higher than regular teas. And the Black Tea Extract is enhanced to the same high level of polyphenols as the Green Tea Extract. Most tea extracts can't even come close to these levels.

The Green Tea Extract is made from a blend of "first-flush" Shizuoka and Uji Japanese Green Tea. Uji and Shizuoka are the premier tea producing regions in Japan. The Black Tea Extract is from a blend of the best Estate Assam teas.

**Studies in Japan and China concluded that to get the antioxidant and immune system boost needed to add years to your life, 15 to 20 cups of tea a day need to be drunk.** Because these Tea Extracts are concentrated with extra polyphenols, you get that same benefit with just a few cups per day. One bottle will last a month if you drink two or three cups a day. You may want to double or triple that amount if you are fighting cancer.

For general nutrient support, a good basic liquid vitamin supplement is **Daily Vita Plus**. Liquid vitamins are always better absorbed and utilized than the usual daily vitamin tablets.

Cancer Weakness #8 - Enzymes and Digestion

### **PhytoBio Enzymes**

This is one of those products that I take with every meal. Every person, whether healthy or ill, should be using a high quality digestive enzyme. You will be healthier as you age, and your digestion will also improve. In addition, it helps deal with the big picture of low enzyme levels leading to cancer. Because of the vast amount of research showing that people with cancer have low levels of enzymes, and because it supports the overall health of the body, takes a strain off the immune system, helps you absorb food and nutrients, helps you kill cancer cells and clean out the arteries, enzymes are one of the basic supplements to be using.

Each of the 180 capsules in a bottle of PhytoBio Enzymes contains 120,000 units of protease to digest protein, 8000 units of lipase to digest fats, 18,000 of Amylase to digest carbohydrates. With high amounts of a number of other plant based digestive enzymes and trace minerals, it is an excellent value.

Suggested use is to take 1 with each meal to improve digestion and 3 or more just before you go to bed on an empty stomach. They will, on an empty stomach, get into the bloodstream and start to clean it up. Its extremely high levels of protease may help to **break down the fibrin coating all cancerous tumors** so that the immune system can better *attack* those tumors.

I have heard many stories of enzymes being taken in high amounts to get rid of cancer. The range you would want to take to seriously fight cancer would be in the 30 capsules a day on an empty stomach. That's about five bottles a month.

As enzymes are so intimately connected up with digestion, I'm going to spend a little time discussing another important digestive issue, the probiotics or friendly organisms that live in our intestinal tract. A healthy person will literally have pounds of friendly bacteria and other micro-organisms living in their guts. Not only do they complete the digestive process, producing many vitamins, breaking down food, and killing pathogens, but they play a major role in the immune system. Some nutritionists say that they are the main component of the immune system.

We are exposed to many things that kill our intestinal friendly organism immune system. Antibiotics and many other medications - including chemotherapy, chlorinated water, birth control pills, and more. Lack of friendly organisms is the primary cause of candida fungal overgrowth. Even if you have been aware of this and have been eating yogurt or taking probiotics, you most likely still are deficient. It turns out that very few yogurts contain live bacteria, and even in those that do, the bacteria does not colonize and regrow in the intestinal tract. Most probiotic supplements fail to deliver many live organisms into the intestines. For two reasons.

First, many of them die while the product sits on the shelves. Refrigeration is used to slow down their metabolism and keep more alive, but studies consistently show that a great many of the live bacteria die in the bottle.

Even more destructive is the stomach environment where the acids kills the friendly bacteria. Studies show that not much makes its way to the intestines.

**Total Immune Booster** contains 67 different organisms that colonize the intestinal tract very well. They are asleep in the capsules so they don't die, and they grow best in high acidity so they get through the stomach environment without being killed.

There are other products that can help these organisms grow & foods that get more into the intestines. Unlike yogurt, kefir is a fermented milk product that has many different micro-organisms that do colonize the intestinal tract. You can make your own. It's best to use organic milk, non-homogenized and raw is the ideal way to go. I buy mine from OrganicPastures.com. Get a good **Kefir Starter** and make your own kefir with that milk. It's easy. Or a **Vegetable Culture Starter**. There are many studies showing that live fermented foods like kefir or live fermented vegetables are powerful cancer fighters.

**EcoBloom** is inulin or FOS, a 100% chicory extract that feeds the friendly bacteria in the intestines, helping them to grow and reproduce. EcoBloom quickly boosts the growth of beneficial micro flora. This suppresses the growth of pathogens, reduces toxins in the liver and colon, and stimulates the immune system.

Research has shown FOS with beneficial bacteria reduce the pH of the colon thus enhancing mineral absorption, especially calcium. You can add it to just about anything including hot and cold beverages, especially your live cultured foods as it will help them be more potent.

**Vitality Supergreen** is a green drink with a difference. It is designed to support the friendly micro flora in the intestines and to repair and heal the intestinal walls. Not only does it have usual algae and grasses and vegetables found in any good green drink, (many of them fermented for better absorption and nutrition) but it has a number of ingredients that repair and heal the intestinal lining. Glutimmune (peptide-bonded Glutamine); Chicory Root Inulin (fiber); Flax Seed Fiber; Lecithin (GMO free) and Aloe Vera Extract (200:1). And a strong anti-oxidant immune support blend of Rice X (stabilized anti-oxidant from rice bran); Acerola extract; Rhodiola Rosea; Bilberry Extract; Biovin Grapeseed Extract; Beta 1,3 glucan.

Vitality Supergreen is a good choice for a green drink powder with its additional focus on intestinal support. Its taste, while good, is improved, according to Body Ecology, is improved by a few drops of Stevia.

**Stevia** is the ideal sweetener when fighting cancer. Sugars of any type feed cancer cells. Artificial sweeteners are basically toxic and cancer causing. Stevia is safe, sweet and even health promoting. According to Dr. Whittaker, studies suggest that stevia has a regulating effect on the pancreas and could help stabilize blood sugar levels in the body, therefore making it a safe dietary supplement for people with diabetes, hypoglycemia, and candidiasis.

But it was only after tasting this BED brand of liquid stevia which has no aftertaste that it became the sweetener of choice for me. It is the best tasting stevia I have found. This extract was developed by taking only the sweet-tasting rebaudioside crystals, leaving behind the licorice-like flavor from the leaves and creating the ideal alternative to synthetic sweeteners. If you are fighting cancer, it is well worth trying.

Cancer Weakness #9 - Raise Your Subtle Energy Level

Primordial M-Water

Primordial M-Water gets included in my top picks because of numerous reports of it reversing cancer. Of people not able to keep anything down who began to take Primordial M-Water and found their nausea ended, that were able to get out of their hospital beds and go home within days after being full of tubes, once it was added to their IV. Of a woman whose hair turned white, who had become crippled with arthritis after chemotherapy and radiation. After drinking M-Water for a year, her hair had regained its color, the arthritis was gone and her period had returned. Here's how it works.

About 70% percent of your body is water. Water is the means by which nourishment is circulated throughout your body. In addition, it serves as the transporter of energy and energetic vibrations throughout the body as water copies and transmits the energetic vibrations of everything it is exposed to. When you drink Primordial M-Water, it is able to produce healthy coherent energy throughout the body, replacing the disorderly, non-coherent energy related to disease.

Primordial M-Water is the *only* functional water that has had scientific testing on it, comparing the size of its micro clusters to a number of other functional waters. Both it and the water you make with it had much smaller micro clusters than the other waters. Meaning that it is much better at **hydrating cells** because the water is of smaller size and is better able to get into cells. The Optimal Wellness research study done on it, they do controlled studies on every product they recommend, showed that hydration of cells increased an average of 22.3% in just a month. It is a recommended product for almost everyone who takes the Optimal Wellness test and is well worth using whether you take the test or not.

### **15 Benefits of Increased Hydration**

- 1) Significant detoxification of stored cellular toxins.
- 2) Balances body pH towards neutral.
- 3) Markedly elevates available oxygen to the cells.
- 4) Improves immune system function.
- 5) Increases energy to the body as a whole.
- 6) Lowers pain from any condition.
- 7) Increases oxygenation of cells.
- 8) Improves the absorption and utilization of all nutrients and supplements.
- 9) Helps balance blood sugar.
- 10) Lowers blood pressure and cholesterol levels.
- 11) Makes a big difference in losing weight.
- 12) Decreases tendencies for cellular mutation.
- 13) Makes sure the brain is in top function for improved mental performance.
- 14) Lowers tendencies of depression and anxiety disorders.
- 15) Deeper sleep to release stress from the day's activity.

When you add a little M Water to ordinary good quality drinking water, it transforms that water in a more perfect water with smaller crystals, more coherence and higher energy.

Mix a couple of teaspoons of Primordial M-Water in a gallon of drinking water, and you can drink high quality water that hydrates and energizes your body.

Because cells with cancer vibrate at a low energetic level, by drinking this water you start to raise the vibratory levels of the cells and negate the cancer energy vibrations. And as so much of your body is water, raising the energetic level of the water is of significant benefit. Again this is the only water which has research studies behind it proving that it increases energy in the body.

The essence of what takes place in Primordial M-Water goes beyond the size issue of the molecular clusters - as important as that is. At a deeper level of what water is all about, there is a coherent frequency message in Primordial M-Water. This coherent frequency message in Primordial M-Water is compatible with the frequency of the water that makes up the cells of the body, which in turn allows water to become easily absorbed into the cells of the gut, and then to the general circulation, and to every cell of the body.



In contrast, even what is considered high quality bottled spring water does not have small enough molecular clusters to facilitate quick absorption. People who drink Primordial M-Water often express that they enjoy drinking it as compared to normal water.

Below you will read about products that can also energize water though they may not be able to micro cluster or energize it to the degree that Primordial M-Water does. They certainly haven't been proven to do so. Primordial M-Water has been. One bottle will hydrate your drinking water for a month, though for cancer, more is better. If you drink up to 4 ounces a day plus put a couple of teaspoons in every gallon of drinking water, you may need 6 bottles for a month.

### **Other Water Energizing Products**

Energized water reverses the energetics of cancer cells as cancer cells have very low energetic vibrations in the 2000 Bovis range while the energized water may be in the hundreds of thousands of Bovis. In addition, energized water improves cellular communication. Primordial M-Water may well be the best energized water, however, there are other devices that will energize water and fluids on a continuing basis.

One of the best is the **Energized Water Pitcher**. It is a plastic pitcher that has an energized gel in its walls. This gel is at 2.5 million bovis. Extremely high energy. That vibration gets transferred to any water or fluid that is put in the pitcher. Food or medicine too. If you leave water in the pitcher overnight or longer, the energetic value of the water will increase to around a **million** bovis which is a very high therapeutic range.

Pour it into another pitcher and make more during the day. It is an excellent value because this pitcher will last indefinitely as long as you don't zap it or break it. You may want to start out drinking this energized water in small amounts. It could give you *too* much energy at first!

The **Energized Gel Coaster** has the same gel in a soft plastic coaster. You can put your own pitcher on it, or plate of food, and it will energize about as high, but not quite, as the energized water pitcher does. If you get three, for a little less than the cost of the pitcher, you can use one for energizing your water or fluids, one for energizing everything you eat including your medicines and supplements, and one to wear over the area your cancer is in. To zap it with very high energy.

### **Does energized water really work?**

First off, you will notice a difference in how the water tastes. It will taste better. Or put a soft drink or mug of coffee in it or on it for a few minutes, and then drink it, you *will* notice a difference. Use them to energize foods and medicines and make them healthier for you.

The energized pitcher and gel coaster have one disadvantage. The energized gel in them can be *destroyed* by X-rays or strong electromagnetic radiation, especially microwaves. So it must be shipped outside the United States by expedited UPS to avoid being X-rayed, which is expensive.

### **Quantum Touch**

If you have ever wanted to give more than moral support, help, or advice for something fighting cancer - or if you have cancer and want to do something to heal yourself on top of what the doctors are doing or the supplements you are taking, the Quantum Touch DVD Workshop and Book may be just the thing. It teaches anyone and everyone how to do a very effective hands on healing. There is no philosophy behind this. Just techniques that have been used and refined for several decades to give healing energy to someone. It can be done by an individual, but it's even more effective in groups. It can even be done long distance. And you can literally be doing it within an hour or less.

On the first DVD you will hear stories of doctors seeing a white glow around a tumor while Quantum Touch was being done on it. Of tumors literally disappearing through the use of this technique. If you are especially concerned about keeping someone alive long enough for cancer fighting supplements to kick in, this could be what you need. For siblings trying to help a parent beat cancer, giving that parent healing energy and love through the Quantum Touch technique will bring you all closer together and may very well keep that parent with you.

### **EarthCalm Immune System Regenerator**

EarthCalm revolutionizes protection from electromagnetic pollution as it enhances your grounding in the magnetic field of the earth. It provides EMF protection that goes far beyond enhancing alertness, and goes to even deeper levels of healing in which the body's own acupuncture meridian system and nervous system are released from constriction and strengthened to do the job nature intended.

Clinical research demonstrates improvement in a wide variety of stress related problems due to the release of the body's own healing energies, which are themselves electrical in nature. These improvements range from the reduction of migraine headaches, depression, arthritic pain and asthma to the alleviation of fibromyalgia, Alzheimer's, chronic fatigue and ADHD. In addition, most people note an improvement in energy and mood elevation.

Jeanne Gallick, the inventor of the Immune System Regenerator, was inspired by the work of George Lakhovsky, a Polish scientist who in the 1920s created a new and highly effective cancer treatment based upon an oscillating circuit. The Regenerator is so powerful and the results so noticeable, it is designed with three stages to provide a graduated detoxification for restoration of the immune system.

"Your product is fantastic. It is better than anything else, I have ever come across. It does what you say, and more. Believe me, within a few minutes, I could feel my nervous system relax, and the meridians opening, the energy flowing better. I am really quite astounded. In the first hour, after plugging it in, I was able to sit there, spontaneously following, and absorbed within the silence that flowed from the depths of my mind... Just to close one's eyes in that environment brings peace. We felt tingling through our bodies, and a sensation of energy flowing up and down the spinal column." I R, Canada

**Suggested Courses of Action Using The Strategies Revealed Here**

Some people use many of the products mentioned in this report to hit their cancer. Others use only one or two. It happens all too often that someone with cancer refuses to consider anything other than the standard medical treatment until the doctors give up on them. Even in these cases, people can get over cancer if they hit it hard. But at that late stage not everyone will survive. Too little too late.

This report covers strong cancer fighters that would be beneficial to anyone fighting cancer. There are areas it does not cover. We don't precisely know what is going on in your body. And your body chemistry could have fundamental imbalances that reduce the ability of the body to fight cancer. They might even be instrumental in the development of cancer. So it would be a good idea to make sure you are not missing something you need to be correcting by taking the **Optimal Wellness Test**...

The **Optimal Wellness Test** is a highly accurate test that analyzes your body chemistry. Test results recommend the exact products needed to correct the imbalances it picks up. The recommended products were all tested, reformulated and retested in clinical trials. The only nutritional supplement product line that has ever undergone such complete and rigorous testing.

Each product has been proven to be effective in correcting the imbalances. When the test was developed, the lab tested many nutritional supplements. *Not one improved body chemistry.* So they literally had to develop their own product line, testing and reformulating products till they they made them effective. The use of the products recommended by the test, will help you obtain a healthy, cellular environment that will hinder the growth of cancerous cells.

The lab uses a unique and highly accurate testing machine to analyze a frozen saliva and urine sample for 34 clinical markers. Everything from pH to conductivity to oxidative stress, toxicity, and more. When you take the test, you will get a chart that shows you what's going on in body, what's out of balance, and what's not. It will keep you from missing any underlying conditions that may prevent your recovery from cancer, whether you use the supplements mentioned in this report, or any other therapy for that matter.

The value of the test lies in its ability to provide you with a basic health supplement protocol that is much more accurate than anything a health professional could develop on their own. Results have been impressive. **Out of approximately 2000 clients with cancer, mostly stage 2 and 3, only six people died.**

"I had cancer in both breasts and had them both removed, chemotherapy and radiation twice. Two years after all of that my medical Doctor told me my cancer markers were getting high again. and he should try to find where the cancer was growing. My best friend had been getting Optimal Wellness Test 3 times yearly and she had remained cancer free and even cold free for about 2 years. I decided I would have this test done and see what else I could be doing besides getting surgery, chemotherapy, radiation, and feeling like I would rather be dead. Nothing they did worked the last 2 times.

"It has been 3 years since my first Optimal Wellness Test and I have spent very little money, felt good, and my PSA is normal! I know that this natural approach to keeping me Well has been a life saver for me. I will always

have one of these test done every 3-months just to make sure I am following the Wellness Path correctly, and I have no question that I will live to be 100 years old." Joan Weinberg

Adjusting cellular environment with the Optimal Wellness protocol is fundamental to improving your health. It will help you make sure you are not out of balance in a way that will prevent you from recovering from cancer as you use some of the top tier cancer products mentioned in this report...

**For some people even one cancer fighting supplement can make the difference.**

One man said his mother had been taken off chemo three weeks before because it wasn't working and there was nothing else to do. They told him to look into hospice solutions for her as she was in bed all the time and didn't have long to live. Shortly before that, she had started taking Oxy E. A week later her energy had improved so much she was up and active all day long, going out shopping and feeling good. Hospice was not needed.

A nutritionist reported that she had put someone on Ellagic Formula with Graviola a couple of months before. After going through 7 bottles, the tumors in one lung and in the lymph nodes were gone. The main tumor in the other lung was still there, but the doctors said it was dead at its center.

Linda reported that the doctors were amazed by what was happening with her father's advanced cancer. He was using Elemental pH. And another family member with a blood cancer also using Elemental pH had been scheduled for chemotherapy. When she went in for it, she was tested and told she didn't need it anymore.

In most cases, more is better when it comes to fighting advanced cancer. You can only do too little... not too much.

"The products I bought to fight my Mom's cancer seem to be working. They wrote her off back in February. One doctor gave her 3 to 6 weeks. She just celebrated her 82 birthday. SHE has no pain, no illness of any kind. She is now walking again also. Cancer had eaten at her pelvis bones. (Radiation did work on that for the pain). She is refusing Chemo since she feels so good.

"The Doctor is just "flummoxed". Her blood counts are all normal and her bones in the pelvis are growing back. Something they said would not happen. The only product I bought from you she just could not handle was the Super Quinone. The first dose was so strong and frightening for her she won't take any more. But she is doing well without it. She did however, after 3 weeks of taking things, "purge" for hours one night. I feel it was as you say the dead cancer cells being forced out of her body.

"Thanks again for your advice and products. I have recommended them to a lot of people." Diane (Her mother experience a healing crisis with the Super Quinone. That means it was working quite strongly. What you do when that happens is stop taking it till the reaction is over. Then resume taking it. Stop each time there is a healing crisis.)

All of the products mentioned in this report are valuable. Some are more potent than others, and you certainly want to concentrate on using those top products in order to most effectively fight the cancer.

"In 2003 my husband was told he had a pancost tumor on his upper left lung. He began 6 weeks of chemotherapy and radiation therapy. On April 1st, 2004 he went thru a 10 hour surgery to remove the upper left lobe, parts of his ribs and the tips of the T3, T4 & T5 vertebrae.

"In May 2005 he was informed the cancer had returned in the lower left lung and on his spine causing compression fractures of the C2, T3, 4, 5, & T6 vertebrae. He refused chemo and radiation therapy. We studied the information on your site and began a regiment of detoxing, cleansing, and using several of the products and a complete life style change.

"The recent CT scan, PET scan, blood work and MRI came back cancer free. Thank God. He still has the issue with his back, but no cancer: We will continue taking the holistic approach using your products. Just to name a few: Oxy E, MSM, AFA Blue Green Algae, Ellagic Acid with Graviola, Elemental pH and more. Faith and prayer does work cause without it I would not have found you, many thanks. Our future looks brighter. Thank you..."

Patrick and Olga - August 1st, 2005

Most of the top tier products are very effective cancer fighters -- even on their own. They target all cancers, it doesn't really matter what type you have. Because they are targeting the underlying causes of cancer, the underlying weaknesses of cancer. They are natural and safe, you can take high therapeutic of them with no side effects.

**INSIDE TIP:** Even if you are taking a number of supplements in moderate doses, you need to be using *high* therapeutic amounts of at least one or two of the top tier cancer fighting products as discussed in this report. Deciding how to fight your cancer...

*You may very well be thinking, "I'm completely overwhelmed. There are so many products -- in this report and all over the internet -- that sound good, what should I be taking?"*

It certainly is overwhelming. Even writing this report, deciding what to put in and what to leave out can lead to overload. So let's try to review and break down this information a bit to perhaps help you be able to more easily decide what might be the best approach for your fight against cancer.

Remember, you *don't* have to make an either/or choice about whether to take chemo or radiation or go with an alternative approach to cancer. These products have all been successfully used *while undergoing* chemotherapy and radiation -- and can be used with other supplements as well.

As they will help the body more successfully deal with the side effects of chemo, which can literally kill you before the cancer does, they are of great benefit for this reason alone. You will achieve better results from the chemo or radiation when supporting your body with some of these supplements. Especially as their cancer killing properties attack cancer in ways that chemotherapy and radiation don't.

Even if chemo and radiation are initially successful, far too often the cancer comes back within two months to two years. They both put quite a strain on the body, and do nothing to improve the body's internal environment to make it healthier. So the cancer can come back quickly, and is usually worse the second or third time. *This doesn't have to happen.*

Support your body with supplements before, during and after chemo that will help you reverse the underlying causes of cancer discussed in this report. That in addition, fight cancer on their own. Cancer should not be fought with one hand tied behind the back. Doing chemotherapy, radiation therapy or surgery without supporting the body, adjusting the body environment to one of health, and attacking the cancer cells with potent herbal and nutritional supplements doesn't make sense. They can do no harm.

It is of course important to eat healthy. Organic, if possible, to reduce toxins. Increase your intake of essential fatty acids from organic cold pressed flax oil (take it with cottage cheese as the Europeans do to fight cancer) or fish oil.

Cancer thrives on sugar and refined grains. Cut them out as much as possible, and don't use the artificial sweeteners as they are not healthy. **Stevia is the most healthy sugar substitute.** There is one liquid stevia extract that tastes good as it has no aftertaste. Most do, so don't give up on stevia if you have previously tried some and didn't like it. The extract my suggested supplier carries will taste good.

There has been research which indicates that eating too much animal protein, more than your body can utilize that day, may be one of the causes of cancer. A study was done where mice were injected with one of the strongest carcinogens there is, aflatoxin (a mold often in peanut butter). Some were given low doses of aflatoxin, some high doses. The diet of the mice included a range of high amounts of a milk protein to low levels. *What the researchers found was that it didn't matter how much of the aflatoxin the mice had been injected with.* Mice whose diet include over 12% milk protein (more than their daily dietary needs) got cancer. And mice whose diet included less protein did not. Even the mice given high doses of aflatoxin did not develop cancer if the amount of protein was low.

Apparently, too much animal protein acts as a cancer promoter. Cancer promoters are substances in our diets that can trigger off the growth of cells that have been damaged by carcinogens and are present in the body. Without these promoters those cells which have mutated will likely remain inactive. So it is probably a good idea to reduce amounts of animal protein (meat, milk products and eggs) and eat more vegetable protein like nuts, beans, etc. It may even be good to go off them completely for a while as some suggest, but the test results indicate that you just have to have a low enough amount and it will not be a cancer promoter.

Live fermented foods made from **Kefir Starters** and **Vegetable Culture Starters** are known for their cancer fighting abilities as healthy intestinal flora play a major role in the immune system. **Ecobloom** will help all your good bacteria grow better. And raw foods in general are healing.

If my wife had cancer, she'd be taking almost every one of the supplements mentioned in this report in high doses. (She doesn't like to mess around!)

You can't do too much when you're fighting cancer, just too little. It may even be cost effective. The faster you beat cancer, the sooner you can reduce the amount of supplements you are taking. The more you're doing, the more ways you're attacking cancer, the greater your odds of success.

The **Optimal Wellness Test**, and the products it recommends -- which are not covered in this report except for Primordial M-Water -- ensures that you don't miss correcting something that needs to be corrected in order to beat cancer.

Of course, most of us can't afford to do everything. Deciding what to do is usually a balance between what's affordable, how serious the cancer is, how many supplements someone is willing to take, and in some cases by limiting factors like not being able to swallow pills.

**All of the products can be used together**, and being natural whole food supplements, don't have reactions with medications. Trying a bottle of this and a bottle of that, will not make a difference in most cases. Cancer is something you have to hit as hard as possible, especially in serious cases.

Because these nutritional supplements in this report deal with the underlying causes of cancer, they can be effective against all types of cancer. It may be possible that a particular supplement is more effective against a particular type of cancer, but that is usually not the case. A supplement may have been successfully tested on a particular cancer, but that doesn't mean that it is not just as useful for any other cancer...

There are several other products that seem to be particularly good for hormonal cancers like **breast and prostate** cancer. Both **Zeolite** formulations and **Oxy E** are good. **Estrogen Defense** is definitely valuable. A number of health professionals in Europe are having good success using **U-Fn** for hormonal cancers. Colon cancer too. **Ellagic Formula with Graviola** is good too. **Pomegranate-Noni Juice** would be excellent if you prefer to drink your Ellagic Acid. The pomegranate supplies ellagic acid, and I have seen some excellent testimonials on noni juice and prostate cancer. For juices a strong therapeutic amount like 6 to 8 bottles a month or more.

**FOR ALL CANCERS** - Based on the rapid remissions it has made in many people, and the research behind it, **zeolite has got to be at the top of the list of supplements to take**. Start with "**Zeolite**", the powder to make sure you get a therapeutic amount at the most reasonable cost. Then add on the heaviest hitter as the very next thing you get, the liquid **Cellular Zeolite**. It is a small bottle so you will need 4 to 8 bottles a month for a therapeutic amount.

There is an astounding group of remarkable testimonies in a very short time since the release of Cellular Zeolite to the general public. I think of the man scheduled for prostate surgery who use Cellular Zeolite for the two weeks before his surgery. When he went it for the pre-surgery test, the cancer was gone. And the fellow who had stage 4 pancreatic Cancer. When he began using Cellular Zeolite, he was home mostly immobilized on morphine. (Not a good outlook.) He started taking the recommended dosage. Seven days later he was out playing with his kids, at 21 days - no cancer showed in his cancer blood test.

Of course, for most people the process is slower, though there are an amazing number of quick turnaround testimonies. And someone can be too far gone to recover. But using Cellular Zeolite (along with the powdered Zeolite) hugely increases the odds of beating cancer. It is especially important to take high quantities when the cancer is quite advanced, or if you want to reduce the cancer as fast as possible. As a general rule, the more you take, the faster and better the results.

People have generally been using 15 drops 3 to 5 times a day of Cellular Zeolite, which would use up 4 to 8 bottles a month. People have taken 64 drops 4 times a day of Cellular Zeolite when they weren't seeing fast results with the usual amounts. That is about 25 bottles a month. However, as you would be taking the "Zeolite" powder too, the huge doses of Cellular Zeolite may not be needed, though certainly they can be taken.

Cellular Zeolite has little taste, can be put in food, fluids or even right on the tongue, with or without meals, so it is very easy to take. Drink plenty of water to eliminate any possible detoxification symptoms.

The powdered "Zeolite" is also very easy to take. Use one heaping teaspoon morning and night. It mixes easily and dissolves complete in water or juice and has no taste.

It should be used by everyone. Either in conjunction with the liquid as part of a more aggressive approach, or as a powder only if 4 to 8 bottles of Cellular Zeolite is not affordable. Two heaping teaspoons a day is a therapeutic amount.

Of course, the more of the underlying conditions causing cancer that you correct, the better your chances of beating cancer become. Not everything has to be done. Getting all of the top products would be quite expensive, but getting as many as you can makes a lot of sense.

There are other excellent cancer fighting supplements mentioned in this report, it gets to be a bit overwhelming, all that you can do. Pick and choose among them all, and take the ones you feel most comfortable taking.

To beat cancer, you don't have to use all the products, even one or two can get rid of cancer in some cases. If you deal with many of the different cancer weaknesses, you will be fundamentally improving the health of your body, plus being more likely to beat cancer. Of course, the more serious the cancer is, the more you may need to do.

If you have early stage cancer, or are looking for the best way to prevent cancer and improve your health, the Optimal Wellness Test comes to mind. There is nothing else that will tell you the *exact* products you need to correct the *specific* imbalances that could create, or did create, cancer. There will be no guesswork as to what will work for you.

A reminder, these products can be used along with, and in addition to, chemotherapy and radiation therapy. They will work with the chemotherapy and radiation to attack cancer from all fronts. Using these products supports your body's attempt to heal itself, which it can do better than any doctor.

I hope this report has given you the insight that cancer is not some mysterious disease that's almost impossible to beat. This is not the case. If the powers that be were to work on prevention of cancer by reducing our exposure to the huge array of toxins we are exposed to, we would start winning the fight against cancer. Cancer is very big business for the drug companies and the medical community. With huge profits. They influence the government, and you will continue to see more toxins, more gmos, more cancer.

Read the book **Cancer-Gate** by Dr. Samuel Epstein for a full understanding of this. He claims that National Cancer Institute and the American Cancer Society have betrayed us, spending tens of billions of dollars of taxpayers and charity money "primarily targeting silver-bullet cures while ignoring strategies for preventing cancer in the first place".

But with the understanding of how cancer works that you have learned from reading this report, you do not need to fall a victim to cancer. You can take effective action that will give you a much better chance of winning the fight against cancer, even if it is late stage cancer.

There is a private cancer clinic where for \$12,000 a month, they are able to produce some remarkable turnarounds in very tough cancer cases - often in that first month. They use the liquid Cellular Zeolite. But it is just one of 40 to 50 other products that are used. More proof that a total comprehensive approach, working on cancer from various angles and supporting your body's attempt to heal itself in as many ways as possible is the best approach to fighting cancer.

The only reason not to take the as many products as possible, is affordability. Some of the best products to use are expensive, however there are plenty of relatively inexpensive products among the top tier products. So you get what you can, with the idea that the more you do, the better.

Following is a review of the *top tier products* mentioned in this report.

**Cellular Zeolite and powdered "Zeolite" detoxify, help adjust pH levels, and most importantly are attracted to cancer cells and kill them by destroying the nucleus of the cells, or by activating the p21 gene to cause cancer cell apoptosis or natural cell death. It can work very fast in some cases.** Four to eight bottles a month, supplying 15 drops three to five times a day is a therapeutic dosage for Cellular Zeolite. One container of "Zeolite" the powder is a therapeutic amount for a month.

**Oxy E** will get more oxygen into your cells -- which will help to kill cancerous cells and also helps to prevent other cells from becoming cancerous. Be sure to use it at a high therapeutic level such as 4 to 6 (up to 8) bottles a month as the normal therapeutic level of 3 bottles a month isn't quite enough.

**SSR Super Quinone** or the **Koch TMT Formulas** work on oxygenation of cells as they help with repairing cellular mitochondria. In addition, they slow down and prevent the replication of cancer cells as they deal with the lack of methylglyoxal in cancer cells. This is quite important in stopping the rapid growth and replication of cancer cells. A 14 vial course of SSR lasts a month and a half, and two 10 vial sets of TMT last 3 months.

Don't use both, either one will do. The small vials the SSR comes in have screw off tops so are easier to open than the Koch vials -- where you have to break off the tops because they come in sealed glass vials that are used

for muscular injections in Europe. (By far the most effective way to take the remedies.) The Koch vials contain twice as much formula so you get more with them. They are the full range of his remedies and thus are a little more complete. The SSR usage may be more intense as it is one a day for 10 days and one a week for 4 weeks, then repeat, while the TMT is one a day for 10 days and one a week for 10 weeks.

**UltraPerformance Specialist** helps you get much more of the oxygen you breath into your cells. Plus it is a potent immune system supplement, greatly increasing Natural Killer cell activity by about 400%. Three bottles a month for therapeutic use.

**Elemental pH** is highly recommended for increasing pH levels when you are fighting cancer. One bottle lasts a month. Once your pH levels are normalized, keep taking it so that your body can better detoxify itself. Plus cancer cells pump out a lot of acid and this will help to neutralize that acid production. One bottle a month is all that is needed.

**Primordial M-Water** will help hydrate cells and energize the body. One bottle will last a month if you use it primarily to micro cluster your drinking water for improved water and nutrient absorption into cells. (This wasn't a top pick of mine till I read hard research showing it produced much smaller micro clusters of water than other similar products.) If you drink a lot of it undiluted morning and night for its energy benefits, you may want as much as six bottles a month.

**Ellagic Formula with Graviola** is a potent free radical scavenger and cancer cell killer. A high therapeutic amount is 3 to 4 bottles a month, 18 to 24 capsules a day.

The most potent immune system support may well be **MPS Gold** with the **MPS 3X** (aloe powder has had some powerful effects on cancer over the years). One large size bottle of the Gold and one bottle of the 3X are a normal therapeutic amount for a month. A very high therapeutic amount would be 3 bottles of each a month.

**Defense** is a cancer killing herbal formula which also acts as an antioxidant, fights pathogens and is an immune system booster. Use 4 capsules a day for fighting cancer, two bottles a month.

**Whole Cell Beta 1-3D Glucan** works very well with MPS Gold and can also be used on its own. Use one capsule for every fifty pounds of body weight. There are 60 capsules in a bottle. Research shows it is the most potent beta glucan on the market, and that it has very strong effects on the immune system, improving 75% of the immune system.

**U-Fn** U-Fucoidan extract is another power immune system supplement with a great deal of research in Japan showing that it can cause cancer cell apoptosis. Six capsules a day, 3 bottles a month is a therapeutic amount.

**AFA Blue Green Algae** is good for detoxification, nutrient support and more energy along with supporting the immune system and supplying cancer killing phytonutrients. The 500 capsule bottle is a normal therapeutic amount for a month, two of those is a high therapeutic amount. The one pound of the powder is a high therapeutic amount for a month or will last two months at a normal therapeutic amount.

**Glutathione PleoLyposome** is quite clearly the best supplement there is for detoxifying the cells, and for helping the liver to be a more effective detoxifier. Plus it is the body's number 2 antioxidant. This is in a form that actually gets into your cells. Use 1/4 bottle at least four days a week. More may be taken. This is excellent to mix in with the MPS Gold.

**S.O.D.** is the body's main antioxidant and this pleoLyposome form with phospholipids is the very best way to get more into your body. One or two bottles a month.

**Betaine HCl** improves digestion, helps your body eliminate lactic acid and adjusts pH - especially when use with **Ionic Potassium Concentrate**. And years ago were successful cancer fighters on their own.

Again, there are many other additional products that you read about in this report that fight cancer or support your body in other ways. Pick and choose the ones you find useful. They are all good. A reminder...

Do something to get the chlorine out of your drinking water and shower - get a shower filter if you are already drinking filtered or bottled water and don't need a whole house filter.

**Quantum Touch** can produce powerful results, especially if several people are working on someone. You can even do it on yourself.

If you are still drinking coffee, switch to **healthy coffee** from Gano Excel. It provides immune support, helps normalize pH, and helps to detoxify the body. I like the fluoride free **Green Tea Extract** and **Liquid Stevia**. Its a simple and tasty way to get a lot more antioxidants and the stevia sweetens with no sugar. **Protein 8 in 1**

**Greens** and **ImmunoPro** or **ReNewPro** undenatured (raw) whey protein supply digestible protein to support your body.

You don't have to use everything in high therapeutic amounts, however, make sure at least several supplements are used in therapeutic quantities. The worse a cancer, the more it's better to do.

#### 5 Step Game Plan

1. Below you will find links to these cancer-fighting products. Click the links below.
2. Look for the products you have decided to use and purchase them.
3. Start taking these products faithfully and in the suggested dosage as discussed above.
4. If you see results, great. Continue with the protocol. If not, alter your protocol with more products and vary the dosage till you see results.
5. You may want to get the personal guidance of a naturopath using these suggested strategies to help you.

#### 9 Available Resources For Beating Cancer

Some of the supplements you'll need to beat cancer and win are widely available. Many are hard to find. Below is a source where you can stock up on these special supplements - the ammunition you need - to overcome your cancer. Plus find other information you might find of interest.

**1) [GetHealthyAgain.com](http://GetHealthyAgain.com)** is an excellent and helpful online store specializing in effective immune support supplements. It carries *all* the supplements and the video mentioned in this report, and more. They can answer questions you may have about the supplements. *In addition, they give a 30 day money back satisfaction guarantee on their products.*

[CLICK HERE to visit their immune system supplement page.](#)

**2)** To learn more about the Optimal Wellness Test, go to [www.TheWellnessTest.com](http://www.TheWellnessTest.com)

**3)** Toxicity is a major issue in cancer. Most household cleaning supplies are packed full of toxins. Laundry detergent is especially bad as you as the toxins in it stay in your clothes and are absorbed through the skin. [Click here](#) to learn about a highly effective and completely safe plant based cleaner that you can substitute for all your household cleaners.

**4)** To read about a skin cream so effective and powerful it is used in some cancer clinics for skin cancer, [click here](#).

**5)** Cancer is stressful. Controlling stress is a major issue in healing as study after study shows the power of the mind and emotions in causing disease and getting over disease. It is useful to clear up any past emotional baggage that may have lead to cancer. To learn about a technique that can help you handle stress and fear, deal with past emotional issues, even to help deal with dying, go to the [EFT web site](#) Emotional Freedom Technique is a simple and very effective way to reduce fear and stress and resolve many issues that may prevent you from healing.

**6)** People sometimes ask what foods are good for you, and what aren't. Other than general common sense like staying away from sugar, refined flours, and most refined vegetable oils, it's very hard to say what's good for you and what isn't. That's because your metabolic body type plays a big part in determining what foods are good for you and what aren't. There is a science behind this that can help you determine what foods may be good for you and which ones you may want to minimize. [Click here](#) to learn more about the metabolic typing diet.

**7)** There is a website you can get raw foods that are healthy snacks or meal replacements to munch on, including raw nutrient dense powders that you can mix up in a drink which would be excellent for a liquid diet. Expensive but good. [Click here](#) to go to their website, and substitute a healthy raw food snack for the not so healthy stuff you may be eating now. They now have an organic coffee where the beans have been infused with the extracts from 5 mushrooms. There's some interesting information too.

**8)** A few years ago a researcher figured out the the reason animals pastured in fields under high voltage wires are not affected by the electromagnetic radiation while people are is because the animals are grounded, being in touch with the earth. He theorized that because no one in Western society sleeps on the ground anymore and wears synthetic soled shoes and is exposed to EMFs all the time, if we could sleep on a mattress pad that grounds us, it would be much healthier for us.

It was. In research studies and anecdotal reports from user there were many benefits. Sleep improved, stress related cortisol levels reduced, pain lessened. Grounding yourself when you sleep provides a wide range of health improvements. [Click here](#) to learn more about these grounded mattress pads and how you can purchase



one and try it to see what it will do for you. It comes with a 90 day money back satisfaction guarantee so if it isn't a big help to you, send it back.

9) There are two websites that provide extensive education on the dangers of genetically modified foods - and what you can do to stop this craziness. [www.thecampaign.org](http://www.thecampaign.org) focuses on what to do. [www.seedsofdeception.com](http://www.seedsofdeception.com) focuses on what's wrong with gmos.

Thanks for visiting:

[www.cancer-prevention.net](http://www.cancer-prevention.net)

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. The products and information contained herein are not intended to diagnose, treat, cure, or prevent any diseases or, medical problems. It is not intended to replace your doctor's recommendations. The information is provided for educational purposes only. Nutritional benefits may vary from one person to another.